



Northwood Residents' Association

Newsletter 166, Autumn 2016

From the NRA Chairman

INTRODUCTION

Summer has quickly slipped into autumn. The central heating is switched on and, once more, the living room is filled with the smell of burning logs. The days are shorter, the weather colder and it is time to remember our elderly residents who become more isolated in the winter months. If you have an elderly neighbour, please do make the effort to ensure he or she is OK, is able to do shopping and has a heated home. Just a few minutes of human contact make a tremendous difference. Remember, we will, hopefully, all get old one day.

DRIVING WITHOUT CONSIDERATION

I never cease to be amazed at the many instances of inconsiderate driving I see in Northwood. Excessive speeding, use of a mobile, ignoring pedestrian crossings and parking regulations are commonplace. The fact that you are unlikely to get caught owing to the lack of active policing does not excuse this behaviour. It is downright bad mannered and causes accidents – and high blood pressure. What is it about normally polite people that, once behind the wheel, many of them turn into selfish beings? If you are an offender, please remember you are spoiling this lovely place we live in.

STATION APPROACH DEVELOPMENT

Transport for London has been instructed by the Mayor's Office to withdraw its planning application. It is now GLA policy to include a larger element of affordable housing in any development and TfL has been instructed to include more in its plans. Thus, they have gone back to the drawing board. When the new plans have been drafted, Northwood residents will be consulted before they are submitted to the council.

ANNIVERSARY CLOCK

I am in discussion with council officials concerning the installation of the clock at the corner of Green Lane and Maxwell Road. Once they are satisfied with the specification, not a simple process, we will buy the clock. Hopefully this will take place in the next few weeks.

REMEMBRANCE SUNDAY

This year's Ceremony will take place at the War Memorial at 10.30am on Sunday, 13th November. Please do make the effort to attend and pay homage to those who gave their

lives to protect us. Poppies will be sold outside Waitrose in the preceding days. Hopefully you will give generously.

COUNCILLORS AND MP

Congratulations to Cllr Carol Melvin who will be **Hillingdon's Mayor next year. She is currently learning the ropes as Deputy Mayor.**

Cllr Richard Lewis has been appointed by the council as Cabinet Member for Central Services, Culture and Heritage and Cllr Scott Seaman-Digby is now Chairman of the Corporate Services and Partnerships Policy Overview Committee.

Congratulations are also due to Nick Hurd MP who was appointed Minister of State at the Department for Business, Energy and Industrial Strategy.

I am sure that they will continue to answer our many questions in spite of their additional responsibilities. We are grateful to each of them for their contributions to the wellbeing of Northwood and its residents.

COMMITTEE AND ROAD STEWARDS

As ever my thanks to your committee and Road Stewards who work incredibly hard on your behalf, giving much of their spare time to the NRA. I would ask you to remember to pay your subs when asked; it is very time-consuming, and frustrating, for our Road Stewards to chase unpaid subs. Please remember we rely on receiving these subs to print this newsletter and run the Association.

I am delighted to report that two new members have been co-opted on to the executive committee. Welcome to Hoda Lacey and Avinash Doshi; thank you for volunteering!

CONCLUSION

After 8 years as Chairman, I am still looking for a successor.

[Tony's will be a hard act to follow, but be assured that whoever steps forward as the new chairman will have the support of an active group of people in the executive committee. The pages of this newsletter demonstrate how much time and effort these committed residents give. If you are wavering on the verge of putting your hand up, just give one of us a call, we are all approachable and will be happy to chat! - Editor]

Tony Ellis
chairman@northwoodresidents.co.uk
Tel: 01923 821237

Mount Vernon Cyberknife
at risk. Page 5

Neighbourhood Watch
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New Cultural Centre for
Northwood. Page 14

Traffic and Highways

RICKMANSWORTH ROAD. Resurfacing of this road between Thirlmere Gardens and Copse Wood Way was successfully completed at night over about ten days from Monday 8th August - much quicker than expected.

Around the time of this work (possibly a coincidence), the phasing of the lights on the Ducks Hill Road junction seemed to have changed, favouring the traffic exiting Ducks Hill Road, causing virtual gridlock between 8 and 9am from Northwood station and Northwood Golf Club to this junction, and probably beyond, and seriously adding to pollution levels. I reported this to the council four times and they discussed this problem with TfL, who is responsible for all traffic lights in London. Eventually I was informed that a detector loop in the highway had been damaged and that TfL intended to carry out the work to rectify the fault on Sunday 18th September. This was done, with a significant improvement in traffic flow.

The incidence of vehicles exiting The Avenue and making a U-turn around the end of the central reservation in Rickmansworth Road, to then head towards Northwood Hills, is increasing. This is a very dangerous practice and I **have asked the council to install at least a “no U- turn” sign.**

DENE ROAD. Electrical work was scheduled for the south end of Dene Road (close to Green Lane) to be carried out between 27th July and 2nd August. Cones, barriers and signs were erected on 27th July, the carriageway width temporarily reduced and use of local parking spaces withdrawn. There was no sign of any work being carried out up to Friday 29th July and by that time the cones, barriers and signs had been pushed to one side, whether officially or by members of the public is not known. I was able to contact the council on Monday 2nd August, only to find that they were not aware of any of this, but later a council officer called back to say that the work had been postponed and that the cones, barriers

and signs would be removed, (which happened a week later **after a further ‘phone call’**). I also contacted **UK Power Networks** who confirmed the above and apologized for not **informing the council.** Apparently their **“customer was not ready”** (possibly a local business) and so the job will have to be rescheduled with new permits, etc.

TRAFFIC SURVEY. Possibly good news - small plastic boxes have been appearing mounted on traffic lights and other poles over a wide area of Northwood. I understand, but not confirmed, that these have been installed by TfL to monitor traffic conditions – time will tell.

GREEN LANE. There are signs of the carriageway breaking up in a number of places. A specific problem adjacent to the pedestrian crossing close to The Glen has been identified and reported to the council. Two temporary patches have appeared.

Further to this, on Thursday 22nd September, I noticed water bubbling up through the road surface by the car park adjacent to the Dene Road junction. This was immediately reported to Affinity Water and temporary traffic lights were set up the following day, after the discovery of a burst water main. Work started a few days later, and was largely completed by Thursday 29th September. The next day the temporary lights were erected further down Green Lane (close to the LST) for work to be done on a valve and then removed that evening.

LINKSWAY. In April, National Grid Gas began pipe replacement work in Linksway, from the junction with Copse Wood Way to outside no.33 (i.e. the whole of Linksway). This work has now been completed and the area reinstated. Some of the pavements need repair work and cleaning.

traffichighways@northwoodresidents.co.uk

Peter Lansdown

New Community Noticeboard

Noticeboards have been a tried and tested way of passing on news and information. They are ubiquitous: whether indoors, in school corridors announcing exam results, staff canteens with names for the next 5-a-side game, office lobbies with health and safety pronouncements, or outdoors, at station entrances with a map of the local area; you are never far from them.

The NRA committee also recognises the value of noticeboards and has acquired another one to add to the two that are currently located in and near Waitrose. Funds for a new one to be sited in the High Street were approved at the 2015 AGM. The NRA Executive Committee decided on its preferred location and sought approval from Hillingdon Council who then installed

the noticeboard adjacent to the bus stop outside Carter Chemist. The first set of notices went on display in June this year and since then all manner of announcements covering charity events, flower arranging demonstrations and meetings with senior personnel from the police and health bodies have been pinned up and then replaced as new ones have been sent in.

Many of the posters have been produced by graphic designers working for the organisations that want to promote their event. A great deal of thought and effort has gone into creating the artwork and text so that they grab the passer-by's attention. **With bold colours and graphics, they do add a splash of colour to the street scene.** Next time you are going down Green Lane or waiting in the High Street for that bus **that's taking ages to arrive, do have a look at the noticeboard.**

All three noticeboards are available for advertising local activities and general information as long as the notices are from a non-profit making body based in or having links with Northwood. There is no charge for using this facility. So if you, or any friends or family members, belong to such an organization and wish to publicise a forthcoming event, get in touch with me. The community noticeboards belong to you – you helped to put them in place, so make the most of them.

comms@northwoodresidents.co.uk

Mithu Chellaram, Communications Officer



Environment

CAN WE BE PROUD OF OUR ENVIRONMENT?

Northwood has many green spaces close to and within its boundaries that help to give it a country-like appearance, yet this suburb is only a short distance from central London. But the actions of a few can spoil it for the majority. Our residents comprise home owners, apartment and flat owners, lease holders and residents in rental

accommodation. I'm sure that the majority of residents get along with one another very well, but that is not always the case; just look at the instances of household goods being dumped, or poorly parked cars that cause obstruction. If each resident thinks not just of himself or herself, but also of the community, our community, then selfish attitudes can be expected to diminish.

Many times my attention has been drawn to overhanging branches and sprouting scrubs coming from front gardens that make it difficult for pedestrians trying to walk on pavements, to verges that are left untidy or gouged by vehicle tyres, or broken paving slabs and driveways caused by contractors with heavy vehicles driving over these surfaces. All too often this happens during extension and general building work or demolition work, events that are very frequent in Northwood.

Is this right, fair or otherwise? In my opinion and the opinion of the NRA committee it is nothing more or less than antisocial behaviour - the antithesis of good community spirit.

Examples of this can be seen at many of the property building works being completed around Northwood. The work appears finished, yet immediately in front of the property the



Not a pretty sight (site)!

verges have been ruined, paving is in pieces, while on the private side of the boundary all is spick and span.

On a positive note the council is taking an interest in damage avoidance to driveways and paths at construction sites. For major works, a current proposal under discussion is to require developers to install 'heavy duty cross-overs' from the outset of works and in the meantime prior to a formal decision being made, consideration is being given on how to encourage developers to install such crossovers. Whether or not this is possible via a planning condition, or at the very least, by updated planning Informatives, only time will tell.

As residents, should we look beyond the immediate boundary of our property and keep that tidy? My view is that we should do just that. To those residents in apartments that have maintenance companies keeping their grounds smart, my message is simple – please ask them to check and tidy up the outside of the property, if not already doing so.

Hillingdon Council is attentive to complaints about litter and rubbish and has the resources to clear up – but that use of operatives, materials and equipment costs us as tax payers. The council is responsive to resident reports and enquiries that subsequently require action. The Hillingdon Council website is easy to use and each general enquiry or complaint once logged is given a unique reference number which is then issued to the relevant department that will investigate and deal with the matter. So if you see something that needs council attention then please try to log your query on their web site, or let me know about it.

In the summer period NRA notified seven items to the council, five were matters of complaint, and two were improvement suggestions made by residents which reinforces the idea that Community Spirit is indeed alive in Northwood. If this is true, then, YES, WE CAN BE PROUD OF OUR NORTHWOOD ENVIRONMENT.

For all information about local environmental issues, visit the council website, www.hillingdon.gov.uk and follow the links: Residents > Environmental Issues. Email: contactcentre1@hillingsdon.gov.uk Tel: 01895 556000

environment@northwoodresidents.co.uk

Andrew Egan

NRA Membership

Many thanks to those who responded to my recent pleas for Road Stewards - but we are still a few short, and constantly have to replace those who retire or move away from the area, so if you could lend a hand, do please contact me. Particularly helpful would be if you can distribute Newsletters away from where you reside, if we already have an RS for your road.

chiefroadsteward@northwoodresidents.co.uk
or direct email: Paul.barker@bbmc.uk.com

Home Tel: 01923 821036 Mobile: 07946 385 474
2 Elgin Drive, Northwood, HA6 2YR

Paul I. F. Barker

Autumn leaves are falling - as they generally do at this time of year. You can **guess what's coming next - yes, it's our annual plea** for those who employ gardeners to ask them very nicely NOT to sweep the leaves from your garden on to the pavement or road. Far better for gardeners to bag them up to keep for the wonderful leaf mould they will produce within the next year, or just use the green waste bags ready for LBH workers to collect on a Monday. Thank you.

A Message from Nick Hurd MP ...

Some years slip quietly by. Not so 2016 which has witnessed a seismic summer in British politics. Through our votes we have all been part of a very big decision to leave the EU. We now have in effect a new Government and I was pleased to be invited by Theresa May to be Minister for Climate Change and Industry in the new Department for Business, Energy and Industrial Strategy. Of course I would welcome any views from constituents, both on the course of Brexit and the responsibilities of the Department.

However demanding the new role, I am clear that my primary responsibility remains the constituency. In Northwood, my main concerns remain the same. If TfL goes ahead with the redevelopment of its large area of land in the centre of Northwood, then I want to work with residents and the council to make sure that development is appropriate for Northwood and represents a clear upgrade for the area. We saw off the first plan which was plain wrong. The second one had significantly more support but still divided opinion. As you may know, TfL has now effectively pulled its application but I expect them to come back with another one. When we see the shape of it, residents with views must not hesitate to contact me as I need to know how the community feels. My other main concern is to make sure that the shamefully

neglected Northwood and Pinner Cottage Hospital is redeveloped in a way that delivers a clear community benefit, and respects past promises to residents. With the support of Tony Ellis and the NRA, I have been pushing the NHS hard over some time and we expect a decision soon. I will of course keep residents informed.



I remain very grateful to the Northwood Residents'

Association which works so hard on behalf of residents to protect the things that people value so highly about living and working in Northwood.

To contact Northwood MP, Nick Hurd:

Email: nick.hurd.mp@parliament.uk

Post: Nick Hurd MP, House of Commons, Westminster, London, SW1A 0AA.

Tel: 0207 219 1053

You can follow his work on the website: www.nickhurd.com and Twitter: @nickhurdm

Health Matters

ROYAL BROMPTON AND HAREFIELD NHS FOUNDATION TRUST. The trust has been in the news recently over the proposed closure of its Congenital Heart Disease Services. There is no resolution of this proposal at present but on a more positive note Community Voice reports that a groundbreaking study, led by experts from Royal Brompton Hospital and the University of Oxford, has discovered better methods to interpret the significance of gene mutations in patients who are tested for genetic conditions. The findings mean that, in future, more diagnoses could be made through genetic testing.

THE HILLINGDON HOSPITALS NHS FT.

Accident and Emergency Remedial Action Plan

Both attendances and blue-light ambulance attendances have increased by 9% with other ambulance attendances up by 7.7%. Difficulty in achieving the four hour waiting target has been addressed jointly by the hospital and the CCG with the following introductions:

- Early senior consultant assessment.

- Two new triage rooms.
- Additional Clinical Decision Unit beds are being considered.
- **A longer term solution is proposed in the "Shaping a Healthier Future" business case, which would allow the department to see 220 patients per day.**

Mental Health

There has been a recent focus on Mental Health Issues.

Mental Health is often seen as a "poor relation" to Physical Health. The Hillingdon Clinical Commissioning Group has **now given this some priority in its "Five Year Forward" view.** This requires parity of esteem for mental and physical healthcare. In 2015/16 Hillingdon CCG increased funding for mental health services by 7.8%. To achieve parity with physical health services in 2016/17 this CCG will need to invest an additional £1m in mental health services.

health@northwoodresidents.co.uk

Richard Field



REMEMBRANCE SUNDAY PARADE

13TH NOVEMBER FROM 10.30AM WITH
THE TWO MINUTE SILENCE AT 11AM

AT THE WAR MEMORIAL, GREEN LANE

If you have not previously volunteered and would like to help with the Poppy Appeal, please call Sue and Chris Boulton on 01923 825564

Northwood Rec Gets Green Flag Award

By the time you read this, there will be a flag flying from the newly erected flag pole in Northwood Recreation Ground. It's located just inside the flower beds entrance on Chestnut Avenue. Sites for a Green Flag Award are judged against eight key criteria:



- ♦ a welcoming place; healthy, safe and secure
- ♦ clean and well maintained; sustainability
- ♦ conservation and heritage; community involvement
- ♦ Marketing; management

Mount Vernon Cancer Centre's Cyberknife Problems 2016

In 2010, thanks to a generous donor, Mount Vernon Cancer Centre (MVCC) was the first in the NHS to receive cyberknife, which provides targetted radiation sparing adjacent tissues.

Subsequently, other centres acquired this equipment and its use was funded by NHS England (NHSE). MVCC provided advice and tutelage to the newcomers.

In 2016 NHSE, invited applications for funding to use this equipment to treat brain metastases. Due to a trivial error in the East and North Herts. application, the MVCC application was not considered despite this error being notified to NHSE. So the 17 centres funded for this treatment from 1st September 2016 excludes MVCC, with serious consequences for MVCC and its patients.

The Community Voice, of which Northwood Residents' Association is a member, wrote to Simon Stevens, Chief Executive of NHSE asking him to intervene, quoting the following main concerns:

1. MVCC was not even considered - the application error should have been rectified.

2. **Around a third of MVCC's cyberknife income is lost by this edict,** possibly threatening use of cyberknife for other conditions.

3. The many patients with brain metastases not needing surgery will be seriously affected:

a. Familiar pathways disrupted
b. Undermining confidence built up over time with particular clinicians

c. Unnecessary travelling to new centres

d. Exacerbation of the stress inherent in their illness

4. The generosity of future donors to the NHS is threatened if this donated equipment is allowed to lie idle when it could be well used.

5. We understand that treatment of metastases is best overseen by the oncologists responsible for the original tumours.

There is disbelief that having tutored many of the approved centres, MVCC is itself excluded.

This letter was hand delivered; a response is awaited.

www.communityvoicehealth.org.uk

Joan Davis,
Chairman Community Voice

Metropolitan Line

It has not been a good few months for us Met line users. Signalling problems seem a weekly occurrence and weekends are often hit too. Exasperating when you consider the years **they have closed the line for 'repairs' and that the problems** seem to affect the same signals. The usual excuses are trotted out – **they are old and therefore it is not TfL's fault.** Interesting, though, that one day ONE faulty train created a suspended service and then severe delays for SIX hours. Extraordinary. One does wonder if the whole truth is really reaching us about these delays. I have asked the question.

In this modern age it can be useful to check your 'app' or social media to see how the lines are running and make alternative arrangements. Alas, the control centre doesn't appear to tell its own team when there are issues until it is too late. Often it is when the passengers start making complaints across social media that the first sign of trouble is heard. In this day and age it seems remarkable that TfL areas struggle to give each other timely information. And then even if the driver wants to tell us it seems their PA systems

either don't work or they are not using them properly! Must try harder.

It's worth noting that TfL withdrew its latest application to redevelop the station and nearby area. The station was actually opened in 1887 (130 year anniversary next year) and rebuilt in the late 1950s/60s. So I guess a refresh is needed of sorts though I imagine the process may take as long as getting the signals fit for purpose. Incidentally despite some local urging, Night Tube will not reach us for a number of years yet. The official reason? The signals are not fixed. It seems we have a red light on most things Metropolitan Line wise in Northwood.



Feel free to contact me at met@northwoodresidents.co.uk

Gerry Pimm

NRA Business Members

The NRA would like to extend a warm welcome to new Business Members:

Airport Transport (formerly High Street Cars)	18 High Street	Taxi Service
London Financial Solutions	40 High Street	Mortgages & Finance
Red Klove	48 High Street	Indian Restaurant
Eighty Hair	80 High Street	Hairdresser
Northwood Slimming World	Northwood Methodist Church, Oaklands Gate	Healthy Eating Slimming Group

Residents are encouraged to support our many and varied local businesses.

For a complete list of Business Members, see the NRA website.

business@northwoodresidents.co.uk

ROADSHOW. The Metropolitan Police Commissioner Sir Bernard Hogan-Howe held a Roadshow at Hillingdon Civic Centre on Wednesday 24th August which proved to be most interesting. It gave local people the chance to put direct questions to him; he coped very well with a range of questions. On stage with him was our new Acting Borough Commander, Chief Superintendent Colin Wingrove. I met with CS Wingrove recently and he is very keen to promote neighbourhood policing and to connect with local residents and businesses.

PERSONNEL CHANGES. There have been a number of local changes involving temporary (possibly permanent) promotions to cover hierarchical changes at the top of the Met Police. Inspector Rob Bryan is acting as T/Chief Inspector, Hillingdon Neighbourhoods and Partnership and in his place will welcome Inspector Paul Trice who will take over running Hillingdon North Safer Neighbourhoods.

MORE DEDICATED OFFICERS. The Mayor of London, Sadiq Khan, and the Commissioner, Sir Bernard Hogan-Howe have agreed to introduce a second Dedicated Ward Officer (DWO) in every London ward by the end of 2017. This is an increase of over 500 officers who are dedicated to wards across London and ring-fenced, with a sole focus on responding to the issues that matter to that local community. These officers will come from existing officer strength on the Borough.

The first 260 officers will be moved into the role by the end of this year with the remainder in place by the end of 2017. Locally, we will increase DWO numbers by phasing in an extra eight officers on Hillingdon borough. The wards that are being enhanced in the first phase (by the end of 2016) include Northwood Hills but not Northwood although the two teams work very closely anyway.

TWITTER. You can follow the work of our local Northwood SNT @MPSNorthwood

SAFETY FOR THE WINTER. As we approach winter and the darker evenings now is a great time to consider the security of your property and person. Burglary has pleasingly fallen over the summer months and we want to keep it that way. The run up to the festive season does, however, tend to see an increase in burglary so start considering property security now.

There is a huge amount of safety information on the Police website and our local officers are happy to discuss security with you personally. They can even make an appointment to visit you. Or see PC David Bell and PCSO John Usher at our Police surgeries.

GET CONNECTED. By joining our joint database Police issues affecting you and the community can be addressed quickly and efficiently. This is the easiest and quickest way to know what is happening in Northwood and our local Safer Neighbourhoods Team (SNT) is keen to keep you informed about current issues by sending details directly to your inbox.

There will continue to be opportunities to meet the Police at either Waitrose or under the gazebo on Green Lane outside Costa. Our website and information boards give details of dates and times.

NORTHWOOD POLICE WARD PANEL. During our recent summer meeting we again had a packed agenda. Local issues discussed included a rise in speeding complaints, inconsiderate parking at schools and town centre, thefts from shops, new connections with faith groups, re-assuring the community after the summer attacks in France and Belgium, some anti-social behaviour and much more. Minutes of our meetings are held at Northwood Library.

BUSINESS FORUM. George Perdios of Beyond Kitchens is our ward panel business liaison member and continues to provide good insight into issues concerning Northwood businesses. A few businesses continue to suffer from theft but the local Police are working closely with all businesses to provide security advice. If you have a business in Northwood and want to discuss any issues with George, please contact him at george@beyondkitchens.co.uk

SPEEDING. I think speeding is a subject I write about in every newsletter. Over the summer it has become the most frequent reason for people to contact us. Sadly, the speeding locally is getting much worse and we may need to take **drastic action to reduce it. Surely our community doesn't want speed tables, speed cameras or even worse a fatality? Those speeding are mainly locals and of all age groups; it's not just people in fast cars or young drivers.** Our research shows it to be a far-ranging problem. The police are helping us to address this problem so if you are speeding there is now a better chance you will get caught.

It is clear that the 30mph or 40mph limit on local roads is being blatantly flouted. The speed limit is set for a reason and **drivers in today's modern vehicles can easily accelerate** beyond it in a matter of seconds. Perhaps speedometers, which are an integral part of the dashboard, are not being used. Please check how 30mph feels next time you drive.

All of us have families out on the streets; surely speeding is a risk that is not worth taking.

If you are concerned about speeding cars or those being driven erratically the police advice is to note the registration number of the vehicle and, if possible, its make and colour. Persistent offenders will eventually be caught and possibly fined. Section 59 warning letters may be issued by the police, meaning that if speedsters are seen or reported repeatedly a vehicle can be seized.

That information can be sent to me or directly to the SNT. Your messages will be kept confidential.

Inconsiderate parking is another issue being mentioned a lot. We hope that cameras being placed outside schools will discourage bad parking at the school gates but often inconsiderate parking is also seen in and around our town centre and shopping areas.

SCHOOLS AND YOUTH CLUBS. Another of our important missions is to connect with the youth who live and study in Northwood. There is so much value in learning about personal safety, online scams, reporting abusive behaviour and other issues that affect the younger generation.

We currently have a vacancy on the ward panel for a 16-25 year old who wants to represent their community. Please contact me or the SNT if you want to volunteer.

Northwood Police Station is open – just. Volunteers are desperately needed to help man the front desk for a few hours a week. Our current volunteers do an excellent job for the community but we need more people. For details contact:

Reepu Ubi, Uxbridge Police Station, 1 Warwick Place, Uxbridge UB8 1PG, Mobile 07769 643504

You can contact the Northwood Safer Neighbourhoods Team on Tel: 020 8721 2545 or email: northwood.snt@met.police.uk web: met.police.uk/Team/Hillingdon/NorthwoodTeam

Northwood Police Station is open to the public:
Monday, Tuesday, Wednesday: 11.00 to 13.00

Chairman, Northwood Police Ward Panel
nwdpolicepanel@gmail.com

and NRA Police Liaison
police@northwoodresidents.co.uk
H: 01923 450497 M: 07831 116570

Philip Green

Our Local Councillor's Responsibilities - Scott tells all

As well as representing the great residents of Northwood each and every day, when working at the Council's Civic Centre, I undertake two key roles supporting Hillingdon's democratic and governance arrangements.

The first is Chairman of the Corporate Services & Partnerships Policy Overview Committee. A long title, I admit, but essentially I oversee a team of councillors who monitor and develop new proposals for service improvement, reporting to the Cabinet members who make the decisions. My committee covers a broad array of council services **provided mainly by the Council's Administration and Finance Directorates**. These include strategic policy and internal functions such as finance, property, partnerships, personnel, democratic services, legal services, ICT and economic development.

A statutory role the committee plays is providing comment and input on the annual budget process and key policies prior to decision by the Cabinet and Full Council. We also usually undertake two proactive policy reviews each year looking at council services. We are currently mid-way through one looking into the recruitment experience for those wishing to work at Hillingdon.

All our meetings are open to residents to attend and listen. We also directly invite service users, local organisations

and expert witnesses to provide evidence and information for our reviews to add real insight and value.

My other role is Vice-Chairman of the Audit Committee, similar to such bodies in the private sector. Here I work closely with both Councillors and Officers to oversee the **council's audit**, governance and risk management frameworks, providing that all important independent assurance mechanism. We also oversee the financial reporting process of the Council's Statement of Accounts each year.

As ever, if you need any help or support in accessing council services please let your local councillors know!



Cllr Scott Seaman-Digby

Elected councillors for Northwood ward are:
Richard Lewis, Carol Melvin and Scott Seaman-Digby.

01895 250316 - Civic Centre office (9am - 5pm weekdays)

01923 822876 - Northwood Office

Email: councillors@northwoodconservatives.org
scott@northwoodconservatives.org

From the NRA Treasurer

END OF NRA YEAR LOOMS. The unusually warm September broke numerous records but autumn appears to be here and with it the October newsletter. This is the last one for 2016 so I feel obliged to remind everyone that the NRA financial year ends on the 31st December, please do get the subs in prior to that. I would now normally provide some statistics on the many members who pay much higher subs than our current minimum, but the fact that around 50% do so is already well known.

LBH STATS. However, I have received requests from members to add numbers from London Borough of Hillingdon (LBH). Their website does have some interesting items for example the empty property discount rules changed on 1st April. In some circumstances this means that owners of empty houses will pay full rates in future. Now the NRA is apolitical as is this article so I will not comment on whether that makes sense or not. Some boroughs claim they are blighted by investors acquiring residential property which is left empty purely to make money when sold due to house

price inflation and currency speculation. Whether having to pay rates will have an impact on that problem remains to be seen. Given the sums involved, it may not stop the practice, but even if it does, at least councils will gain some revenue.

There are three LBH pensioners aged over 100, 154 are over 90. At the other extreme, there are 123 active members of the pension scheme aged 16 to 20 inclusive. Just to be clear, that is ex staff and current staff of LBH, not the population at large.

Parking provides another interesting number: in 2014/15 Hillingdon spent £2.7m on activities that raised just over £4m income, a surplus of £1.3m. The majority of the income, £3m, was from penalty notices. Around £1m of the surplus was spent, £20,300 of it on CCTV.

Back to the NRA, I hope for a good last quarter of 2016, with the subs flowing in abundance.

treasurer@northwoodresidents.co.uk

David Blowers

Hillingdon Neighbourhood Watch (HNW)



Hillingdon Neighbourhood Watch (HNW) was established in the 1990s to bring neighbours together in order to create strong, active communities where crime and anti-social behaviour are reduced. The aim is to help residents to protect themselves and their properties in order to reduce crime and the fear of crime.

These aims are achieved by the creation of street and road schemes known as Watches, run by a volunteer co-ordinator or joint co-ordinators. The role of the co-ordinator is really down to what the volunteer wishes **it to be, the main undertaking being to deliver HNW's monthly newsletter to all members of the Watch (all residents)** and to provide crime prevention information, for which a comprehensive handbook is provided.

In recent years, throughout Hillingdon, many of the original co-ordinators and deputies have retired owing to the problems associated with advancing years, Northwood being no exception. Earlier this year the former Borough Commander initiated a recruitment drive spearheaded by the SNTs, thus reviving the partnership between HNW and police which existed some years ago. Whilst Northwood SNT has been very successful in finding volunteers to start new Watches or revive those declared dormant, there are still significant areas in the ward without Watch coverage. Long roads in excess of 75-100 homes can be split into smaller watches, thus giving the volunteer(s) a manageable workload.

If YOU are interested in becoming a co-ordinator, there is a wealth of useful information at www.hillingdonnhw.co.uk. Alternatively, contact the office at Ruislip Police Station by E-mail all@hillingdonnhw.co.uk or by telephone on 0208 246 1869. The office is manned every Friday between 1000 and 1300 – a telephone call beforehand would be welcome, if a personal visit for information is preferable.

Lynette Bridger
Secretary, HNW Steering Group

Northwood Tennis Club Finals Day 2016

The Ghosh family reigned supreme on our finals day held on Saturday 3rd September. Playing with controlled aggression John won the singles gaining revenge over Duncan Chorley his nemesis for the last five years. He then went on to win the

men's doubles with Fergal Davern defeating first team captain, Colin McCarthy, and his partner Peter Wrigglesworth in a close tussle.

Meanwhile, wife Angela, together with Fergal's wife, Alita, controlled the ladies doubles with a comparatively easy win over Vim Ferrand and Tracy Lederer. Tracy had previously retained her singles title winning surprisingly easily against former champion, Cathy Pilborough.

To cap the family success story, John's brother, Owen, together with Vim played through heavy rain to win the veterans mixed doubles against Miwako Hemus and David George.

The mixed doubles final between Alita Davern and Duncan Chorley and Tracy Lederer and Fergal Davern was



A break during the ladies doubles finals

abandoned because of the conditions and will be played at a later date.

Afterwards players and members enjoyed a cold buffet and some drinks followed by the prize giving.

The junior finals took place the following day and yet another Ghosh was in action.

Both finals were hard fought with

some quality tennis being played. In the girls final Anisha Shah beat Hannah Ghosh and in the boys final Teddy Mangan defeated Harry Lad; Alex Andelkovic had earlier won the under-10 tournament.

During the winter months the courts and floodlights are being replaced but the club will continue to operate running an internal club mixed doubles tournament, social and junior tennis, as well as matches against other clubs. There will also be several social events.

For details about membership and coaching visit our website www.northwoodtennisclub.co.uk

David Cameron

What's been happening at Northwood Library?

SUMMER READING CHALLENGE, The Big Friendly Read. This summer saw our most phizz-wizzing, gloriumptious reading challenge ever! The Big Friendly Read was a celebration of 100 years since the birth of Roald Dahl and a record-breaking number of Northwood children completed the challenge, collecting gifts, Starborgs and gold medals along the way. Hundreds of children enjoyed special storytimes and free events over the holidays and had a whoopsy wiffing time!



IT. Free IT group sessions for beginners are run every Monday from 10 -11am. Topics covered include email, internet, Word, Excel, Powerpoint, iPad and iPhone. Individual sessions can also be booked for people interested in finding out more about specific topics. Please contact Northwood Library if you would like to join a session.

READING GROUPS. Our reading group meets monthly in the library. In November we will be discussing *The Children Act* by Ian McEwan which tells the story of a high court judge who has been appointed to rule on the complex case of a seventeen-year-old who is refusing lifesaving treatment because of his beliefs. Please contact Northwood Library if you would like to join us.

STORYTIME. Storytime, running during term time at 10am on Wednesdays, is the perfect way of entertaining children under five. Sessions contain stories, singing and crafts, and are a great place to meet other parents, grandparents and carers.

COMING SOON - a second weekly storytime session for under 5s, Chatterbooks Reading Group for 9-12 year olds and a play reading group for adults. Please contact the library for further details.

Northwood Library

Oaklands Gate, Green Lane, Northwood, HA6 3AA

Tel: 01895 558262

Email: northwood-library@hillingdon.gov.uk

<http://hillingdon.gov.uk/libraries>

Twitter: [www.twitter.com/Hill_Libraries](https://twitter.com/Hill_Libraries)

Facebook: www.facebook.com/HillingdonLibraries

Opening hours:

Monday, Wednesday, Thursday, Friday 9am-6pm,

Tuesday 9am-7pm, Saturday 9am-4pm.

Janet Clements

Eastbury (and Northwood) Horticultural Society

TALKS TO BRIGHTEN WINTER EVENINGS. So the Bake Off gets its fingers well and truly burnt and Monty Don and his team come out smelling of roses; they now demonstrate their skills for sixty minutes each Friday evening! If you have a similar amount of time available have you considered spending it listening to a gardening specialist at one of our evening talks? These take place every few weeks during the winter months at Eastbury Farm School in Bishops Avenue. Talks commence at 8pm, last for about an hour then refreshments are available.

The programme is as follows: -

7th November – Jacqui Nutkins – This Gardeners World

23rd January – Stephen Lee – Gardening Quiz

20th February – Paul Harrison – The 50 Best Trees for Small Spaces

20th March – Helen Gordon – Bach Flower Remedies

A warm welcome awaits you!

A CHANCE TO SHOW OFF. The Society held its annual show on July 9th at Eastbury Farm School in Northwood. The show opened to the public from 3 - 4.30 pm but during the course of the morning, members arrived in droves bearing the fruits of their labours: roses and sweet peas freshly cut that morning, stunning armfuls of flowers for floral exhibits, beans and potatoes, fruits, pot plants, bread and scones still hot and



fragrant from the oven along with jars of jams and delicious chutneys. Exhibitors included beaming Eastbury Farm school pupils each proudly bearing a beautiful miniature garden **complete with pond for entry to the children's section.** The large school hall looked stunning and all enjoyed this friendly community celebration of the joys of gardening and home crafts.

Please email the Membership Secretary to request joining details: ehs.members@gmail.com

Cuts for the Woods



The dreaded Himalayan Balsam

Hillingdon, like all councils, has suffered budget cuts; funds for the woods have been reduced. The budget to look after Ruislip Woods has been cut by a third. However, this has helped the Woods Rangers target their efforts to the most vital areas. Some of the planned coppicing will be redirected to specific areas mainly to benefit the local wildlife. Resources will also focus on **maintaining and widening the pathways to create 'Gateways for Wildlife' and make access to the woods easier for the public.**

The efforts to control Himalayan Balsam have not worked and you will find areas of this, albeit very attractive plant, still spreading in the woods. Himalayan Balsam is undesirable because it spreads so rapidly, blotting out all other plants, and it is not easy to kill. Each plant, and every bit of its root system, has to be dug up or it will return like Ground Elder. You cannot spray it in woodland for fear of killing everything else around it.

Finally, it will soon be time for the cows to leave Poors' Field and return to their farm for winter. Sadly, one of them was taken ill recently and was found by a member of the public lying under a bramble bush. The farmer came and took her away.

woods@northwoodresidents.co.uk

Miles Gillman

Blooms and Blossoms

Let me introduce you to our flower club. The *Ruislip-Northwood Flower Arrangement Society* is a friendly club and a warm welcome awaits. Relax and watch an excellent demonstrator using their skills to produce beautiful designs to delight and inspire you.

It is an entertaining evening with many anecdotes and useful gardening tips along the way, so if you are a green-fingered gardener or love flowers, it is just the place to come and bring a friend along. Tea and coffee is served in the interval when you will have an opportunity to chat and meet new people, and purchase sundries at the sales table. The flower arrangements are raffled at the end of the demonstration, so you may go home with a beautiful flower arrangement prize.

Throughout the year, we often have assorted sales stalls which may be either plants, jewellery, handmade cards, handbags or homemade cake, so do come along and enjoy our evenings,

visitors are always welcome. We also run workshops, coach outings and some fund raising events which are most enjoyable.

We meet on the first Tuesday of the month, excepting January and August – no meetings.

Our next demonstrations are: 1st November and 6th December.

Venue: Northwood & Pinner Liberal Synagogue, Oaklands Gate, Northwood HA6 3AA.

Time: Doors open 7pm for 7.30pm start.

Cost: **Visitors' tickets are £5 (£6 for a National Demonstrator)** and may be bought at the door.

Contact: Please phone 01923 829621 for further details.

Sandra D Mace, Publicity Officer



THE UNIVERSITY OF THE THIRD AGE

Northwood and District U3A

We have passed our 5-year milestone and our membership number at last count was 740. At our monthly meetings there are usually between 220 and 250 attendees. We are now trying to enlarge the seating area by "pushing back the walls"; August was the trial run and it seemed to work very well.

David Burnell was our speaker in August (always a big draw) so we knew that extra room would be needed. His talk was Poster Art on the London Underground. What an eye opener it was! Some beautiful posters accompanied by David's excellent commentary.

On November 26th 2016 at Fairfield there will be a Christmas Quiz Night with a Fish and Chip Supper. Tickets are £5.00 for members and £7.00 non-members. Always a very popular evening.

The holiday to Torquay was greatly enjoyed by all who went. Jean Marks who has organised all the holidays for the last five years is reluctantly stepping down this year. She will be sorely missed for her good humour in the face of many problems but most of all for her wonderful organisational skills. Visits to beautiful gardens, stately homes, churches and lovely cream teas. These have all been arranged by Jean beforehand so all the hard work has been done for us. Thank you Jean and enjoy the rest!! Now we will be looking for some brave soul to **"step up to the plate"**. **Liz Andrews is waiting for your call.**

Groups continue to thrive under the guidance of Ann Smith. We are hoping to start a First Aid Course shortly. Group Leaders will be the first participants and then we will offer it at a small cost to all members.

u3asites.org.uk/northwood

Maureen Crimmins



Northwood Guiding Needs You!

A CENTURY OF GUIDING. There has been a Guiding presence in Northwood for almost 100 years; at its height we had about 20 units at 9 meeting places. We now

have only 8 units at 5 meeting places. The decline has been brought about principally because of the lack of leaders. The units we have are full and there is a significant waiting list. Some of our leaders have devoted many years to Guiding and are still enjoying the challenge, while others are juggling work and families because they feel it is really worthwhile. Unfortunately, there comes a time when it becomes too difficult to continue; leaders retire, move on, their jobs make it difficult to get to meetings or their families grow and make more demands on their time.

UNITS THREATENED WITH CLOSURE. In Northwood we have reached a critical situation with a shortage of leaders. We

need to find people interested in taking on the worthwhile task of helping us. Some of our units will have to close and as the remaining units are full those girls will no longer be able to continue.

Guiding offers lots of life skills activities to girls of all ages - with a lot of fun. We have Rainbows for the 5-7s, Brownies for 7-10s and Guides 10-14.

Please consider if you can help; so many girls in Northwood have benefited from Guiding over the years and we want it to continue. Perhaps you are one of those girls?

If you feel you would like to help, please get in touch; visit the Guiding website: www.girlguiding.org.uk to find out more - click 'get involved'.

or email northwooddistrict1@outlook.com
Training is given.

Peggy Lovett,
Northwood District Commissioner

Northwood Live at Home Scheme

NORTHWOOD LIVE AT HOME SCHEME exists to support older people who still live independently, but find it increasingly difficult to get around and may be feeling isolated. Our staff and volunteers organise a range of regular activities to enable members to socialise, exercise, share healthy meals, participate in outings and generally improve their wellbeing and enjoyment of life. For those unable to get out, we offer a befriending service.

OUTINGS AND EVENTS. The Scheme has had a busy summer with members enjoying various outings in addition to our regular activities. A canal trip with lunch and a seaside outing to Worthing were particularly appreciated.

A recent fundraising event was a great success - on 11th September we held a Chinese Moon Cake festival which was a celebration of traditional Chinese dancing and music. Hosted by Emmanuel Church, My Mandarin World Academy organised the delightful concert together with local opera singer Chen Wang. Wendy and Ken, owners of the Mandarin Restaurant in Northwood Hills, generously provided the food.

Our annual musical evening will take on 19th November at Holy Trinity Church Hall. This popular event includes a champagne and canapé reception, a sit down meal and dancing to Stardust Big Band. We have some great auction and raffle prizes to raise much-needed funds for the Scheme.

*For tickets, please call
01923 829939 or 01923 820331*



Outing to sunny Worthing

Membership continues to increase as does the need for drivers in particular, but all new volunteers are welcome. Please contact the office if you feel you would like to help. Training is given to all our volunteers, who tell us how much they enjoy being involved.

We are also very happy to receive enquiries from potential new members. Anyone living in the Northwood area aged 60+ is eligible. Membership is free, but a small charge is made for activities to help cover costs. We aim to provide transport for those with mobility problems. If you are interested in joining either as a member or volunteer, our staff would be delighted to hear from you.

REGULAR ACTIVITIES. We now have an activity on every day of the week except Sundays as well as offering a befriending service for those who wish it. A complete list of current activities is available from our office.

To find out more about us, please contact the office on 01923 842494. And visit www.mha.org.uk/community-support/live-home/northwood

Jo Wild, Chairman

Mount Vernon Cancer Centre

Mount Vernon Cancer Centre is one of the top cancer centres in the country servicing a population of 2 million. It supports patients and their carers at every stage of their cancer journey.

One service offered is the DAY THERAPY UNIT, based in Michael Sobell House, its specialist palliative care unit. The Unit's aim is to support patients with palliative care needs, enabling them to maintain independence in a safe supportive environment.



A range of support services are on offer during a patient's visit to the Day Unit. This includes

- ✓ Complementary therapy
- ✓ Creative art therapy sessions
- ✓ Discuss concerns with a member of the counselling team
- ✓ Assessment and review by specialist palliative care nurses or Doctor
- ✓ Bisphosphonate infusion
- ✓ Blood clinic
- ✓ Physiotherapy
- ✓ Occupational therapy

The day therapy team works collaboratively with community services to ensure the best level of care for patients. They also understand that the people closest to the patients may feel isolated or have worries of their own so can offer them support too.

A small team of volunteers help by driving patients to and from the Unit, serving refreshments, as well as offering treatments like massage or reflexology. They are part of a group of more than 300 volunteers helping to improve a patient's experience when they come to Mount Vernon Cancer Centre.

To find out more, contact the Volunteer Coordinators:
Tel: 020 3826 2515
Email: volunteeringmvcc.enh-tr@nhs.net

MOUNT VERNON CANCER CENTRE CHARITABLE FUND

The charity is here to support the excellent work carried out by the staff and to make a difference to all our patients and their loved ones. Through fundraising and donations we provide equipment and services that complement those provided through NHS funding. This includes buying specialist medical equipment, refurbishing patient and visitor areas and providing support to our patients and their loved ones.

We raise money for the Cancer Centre as a whole including the following areas: Chemotherapy Suite, Oncology Research, Radiotherapy, Nuclear Medicine, the Wards and the Support & Information Service which runs out of the Lynda Jackson Macmillan Centre.

Generous donations help Mount Vernon Cancer Centre Charitable Fund to:

- Provide information, resources and highly advanced equipment.
- Undertake cutting edge research which impacts cancer treatments.
- Provide a variety of therapies which are proven to help relieve patient stress and anxiety.

For more information,

Tel: 020 3826 2516

Email: mvccfundraising.enh-tr@nhs.net

NORTHWOOD READING GROUP

New members welcome!

Meetings first Tuesday of the month
8.00 pm – 9.30 pm

Recent books include:
Americanah Chimanda, Ngozi Adichie
The Grapes of Wrath, John Steinbeck
A Thousand Acres, Jane Smiley

Robust discussion welcome.

For more information contact:
Sue on 01923 829939

Northwood & District Community Association

Well, we have had a wonderful summer but suddenly the nights are drawing in and our thoughts turn to winter activities. Our Short Mat Bowls sections started in late September and we now run four sessions: Monday and Wednesday during the day, and Tuesday and Thursday evenings. We had another Ploughman Lunch in October and will be having a Quiz in November where it is a chance for members of different sections get to meet for a chat.

George Jones, our Treasurer for 15 years, and a member for much longer than that, has resigned from the committee and from running the Table Tennis section as he and his wife Jessie are moving to Chester. The Association owes a lot to

this couple who have given unstinting support to all the events we've held and we will miss them, but wish them well in their retirement.

For those who like board games, there is an afternoon group where we play Rummikub, Sequence and Scrabble but we are open to others if you have a favourite.

Several sections could do with some new blood - Rambling, Table Tennis, Tennis, Whist and Line Dancing - so if you want to try one out - please contact me for details.

For more information please call 01923 836346

Pat Dunhill

Northwood Lions Club

Northwood Lions Club has had yet another busy year. Our fundraising activities have included having stalls at three fetes: Eastcote House Summer Picnic in June, Uxbridge Auto Show in July, Eastcote Cricket Club Fete in August. We've had **'tinshakes' at Sainsbury's in Pinner and Tesco in Rickmansworth.**



Lions at Uxbridge Auto Show

Also of course we have our weekly Saturday Market at the 'Lions Den', 195 Pinner Road, next door to the Royal Mail Delivery Office, near the Iron Bridge, 9:45 to 11:45. We welcome donations of clothes, toys, bric-a-brac, small furniture - in fact practically anything! Contact Robert for collections.

This popular weekly event, which is like a combination of boot sale, social club and charity shop has been established for more than fifty years. All of this fundraising enables us to support local organisations, such as Northwood Live at Home, Sunshine School for the Blind, Paul Strickland Scanner Appeal, Hearing Dogs, Hillingdon Carers Cafes, and many, many more.

In mid-October we'll be holding another of our twice-yearly presentation evenings, when we hand over cheques to deserving local causes - we give away around £25,000 a year, and with your support at our various events we hope to continue for many years to come!

Among our public service activities we support the 'Message in a Wallet' scheme, which provides users with a printed form on which individuals can record any medication, illnesses or allergies they may have, together with a contact name, in case they are taken ill whilst away from home. It also includes information about any dependent who is left at home or even a much-loved pet that may need looking after. The form folds up into a small plastic cover, designed to be kept in a wallet or handbag, and is obtainable from local pharmacies and GP Surgeries.

We're always in need of goods to sell; membership enquiries are always welcome.

Robert can be contacted on 07860 324395

Visit

www.northwoodlions.org.uk

Robert Green

News from St John's

NORTHWOOD COMMUNITY ARTS

The past few months have seen some changes; Joy Tracy who has been the face behind the group for many years has moved onto other pastures. She is greatly missed and as NCA moves into the future we hope to continue much of what she developed, albeit in different ways. In this, as in the past, the contribution volunteers make to the success of Northwood Community Arts events is crucial. Our best wishes and thanks also go to Hazel McIntosh, chairman of NCA for a number of years, who has moved away.

100 Years of Northwood Shops. The long-awaited local history shopping project will be starting in the new year. Volunteers are needed to do research, collation of information and displays. If you would like to be involved in any way in uncovering the story of the past 100 years of shopping in Northwood, please get in touch.

Why not get involved? If you are passionate about art in any form (art, performance, literature etc), please get in touch. We are looking for enthusiastic people to help direct Northwood Community Arts into the future.

ST JOHN'S UNITED REFORMED CHURCH

St John's URC celebrated the summer with a July picnic in the beautiful garden which has looked colourfully resplendent in its first summer since last year's makeover. A few weeks before that, a few ladies from the congregation were welcomed to a Ramadan dinner where both faiths were able to learn a little more about the other.

The concerts at St John's on the 3rd Tuesday of the month are growing in popularity as word spreads. If you are a performer and would like to participate, please contact Graham Wheeler through the church office. The performances are open to all and are free to attend, 11.30am

to 12pm. There is an opportunity to meet for coffee or tea, biscuit (£1) and a chat from 10am.

October saw another Poetry, Prose and Song afternoon with local authors and performers coming together to share their talents and raise funds for the St

John's Community Fund. More of these are to follow and will be advertised accordingly.

Our October Harvest Festival was an opportunity to collect much needed basic items for the Salvation Army Operation Safely Home. And as in previous years, a number of shoe boxes were sent to the Samaritan's Purse Shoe box appeal. Thanks to all who supported the various events.

Forthcoming Events:

Book Group on Friday afternoons, 2.15 - 3.45pm. 16th

December, 'Tess of the D'Urbervilles'

Advent Lunch: 27th November, 12.00-3.30pm – fundraising for **St John's Community Fund**

Christmas Carol Concert: 11th December - fundraising for Crisis at Christmas

Burns' Night: Sunday 22nd January - fundraising for ScotsCare



Telephone: 01923 829166

Website: www.urnorthwood.org

Email: stjohnsnorthwood@btconnect.com

Email NCA: northwood.community.arts@gmail.com

Lynda Jackson Macmillan Centre

... supporting people affected by cancer ...



Christmas always comes early at the Lynda Jackson Macmillan Centre and our specially selected range of Christmas cards is now on sale. You can buy these from the centre at Mount Vernon Hospital or order via our website at www.ljmc.org. 100% of the proceeds will go towards the LJMC's services to support people affected by cancer.

If you would like to help sell our cards, we will be very pleased to hear from you. Perhaps you could take them to your place of work or local clubs and groups? We are **happy to provide samples or stock on a 'sale or return' basis. We also welcome offers** from people who can spare a few hours to help sell them here at the Cancer Centre.

Contact Fiona on 020 3826 2550
or email: fiona.hussey@nhs.net
For more information visit www.ljmc.org



The Northwood Hub is Launched

A new community centre has been launched in central Northwood that is

designed to act as the home for a variety of classes and activities for people of all ages and backgrounds. Events already planned include supervised Bridge session, Pilates, Cookery Classes, Lunchtime and Evening Music recitals and a range of talks. Based at the Northwood United Synagogue, the idea is to make better use of a relatively modern building and bring members of the community together.

FORTHCOMING ACTIVITIES - ALL WELCOME

Illustrated Music Talks by noted presenter Philip Hyman. Wednesdays, 8pm. Tickets £5 or £12.50 with dinner.

2nd Nov The music of Erich Korngold

23rd Nov The music of Terezin

30th Nov Leonard Bernstein - the man and his music

Cook with Denise Phillips. Hands on classes with noted local chef. Tickets: £15, 7.30pm

Tues 15th November and Thurs 15th December

Play Bridge with Harry Silverman. Thursdays, 2.15pm, £6 a session

Wednesday Lunchtime Music Recitals. Tickets: £5 or £12.50 with lunch. 12.30pm

16th Nov Flute & Guitar favourites with Aleksandra Henzel and Luis Mantovani

14th Dec Laura Snowden on Guitar

18th Jan The Carolina Bartemu String Quartet

Evening Music Concerts 7.30pm. Tickets: £5

Tues 8th Nov The William Scott Jazz Ensemble

Thurs 8th Dec Sam Brown on Lute

Tues 10th Jan The Carolina Bartemu String Quartet

Tues 7th Feb Flute & Guitar with Daniel Scott and Jonatan Bougt

Northwood United Synagogue, 21 Murray Road
Tel: 01923 820 004
Email: admin@northwoodus.org
www.northwoodus.org

Northwood Craft Market and Plant Stall

VENUE: Methodist Church Hall, Oaklands Gate, Northwood HA6 3AA

CHRISTMAS MARKET: Saturday 3rd December 2016

TIME: 10am-3pm FREE ADMISSION



The run-up to Christmas is always a busy time at the Craft Market – it's the ideal place to find original, high quality gifts,

all handmade by local craftspeople. Crafts for sale at the Christmas Market will include seasonal decorations, fabric bags & purses, knitted items, children's clothing, crocheted toys, soaps, watercolours paintings, household accessories and much more.

Children will be able to visit Father Christmas and there will also be hands-on Christmas crafts for them to make something to take home.

Representatives from the Northwood Live at Home Scheme will also be there selling homemade jams and jellies and other festive fare to raise funds for their charity.

As always, you can take a break in the church coffee shop for tea, coffee and delicious homemade cakes.

After the Christmas Market, we will be taking a break until March 2017, when we will resume our monthly markets. Love your local market!

www.northwoodcraftmarket.co.uk
Like us on Facebook
Follow us on Twitter @CraftNorthwood
Email: northwoodcraftmarket@hotmail.co.uk
Telephone Susan on 07780 601842

Friends of Michael Sobell Hospice - Events



Saturday 26th & Sunday 27th
November 4pm & 6pm
Light up a Life Remembrance Ceremonies at Michael Sobell Hospice
Lecture Hall, Gate 3 Mount Vernon
Hospital, Northwood, WD3 1PZ

This year, Michael Sobell Hospice Charity will be hosting four 'Light up a Life' remembrance ceremonies. These are special events when people come together to celebrate and remember loved ones who are no longer with us. The services are non-religious, with a simple but poignant collection of readings and festive songs. At the end of the ceremonies the Hospice Light up a Life tree is lit up with each light representing the life of someone who is being remembered. To book a place at a ceremony, please see the MSH website.

Christmas Cards in aid of Michael Sobell now on sale!
Pick up your festive cards in support of the Hospice from any of our charity shops in Northwood, Eastcote and Ruislip or you can order online.

SAVE THE DATE** Friday 16th June 2017

Put the date in your diary now for next year's Ladies in the Night Walk. It's going to be an extra special event with a 70s disco theme to coincide with the 40th Anniversary year of the Hospice.

For more details on Michael Sobell Hospice and any of our fundraising events visit www.michaelsobellhospice.co.uk or call the Fundraising Office on 0203 826 2367.

Facebook: [michaelsobellhospice](https://www.facebook.com/michaelsobellhospice)
Twitter: @MSobellHospice

Post Early for Christmas

CHRISTMAS POST FOR NORTHWOOD, EASTCOTE & RUISLIP

The local Explorer Scouts will be running the popular Christmas Post service again this year. Simply post your cards with 20p per card into the boxes in local libraries and shops (last year including Northwood Health Foods and Just Sew) and the Explorers will sort and deliver them to anywhere in Northwood, Eastcote and Ruislip. Post Boxes will be available from 1st – 17th December.

For more details, including a map of the areas covered, please see www.renxfmaspost.org.uk

The Northwood Residents' Association committee has given much thought to the idea of holding an outdoor Christmas event this year, but has decided that they cannot face the battle against the elements again. The last two years attempts have been poorly supported by the public and local businesses, making it soul-destroying for the stalwarts who erected stages, PR systems and gazebos. The poor weather only made matters worse.

'Music with her silver sound'

Date: Sunday 4th December
Time: 3.00pm

Venue: **St John's United**
Reformed Church, Hallowell
Rd, Northwood HA6 1DN

The critically acclaimed Chelys Consort of Viols returns to Northwood with a new programme of music and words from the time of Shakespeare, for which they will be joined by actress Sarah



Finch. Come and hear music by composers including Dowland, Tomkins and Jenkins alongside readings from Shakespeare's plays and sonnets and extracts from Will Kemp's 'Nine Days Wonder', in which one of Shakespeare's actors describes his adventure Morris dancing from London to Norwich! The performance will last for an hour and will be followed by refreshments and a chance to see the instruments and chat with the performers.

Tickets, including refreshments: £12, £10 concessions,
£30 family ticket (2 adults, 1 child) available from Jenny Bullock
Tel: 07947 064445
www.chelysconsort.co.uk

Want to know what's on in Northwood? Just head to the NRA website:

www.northwoodresidents.co.uk

Kate Fassnidge Community Hall

The hall in the High Street is available for hire by local residents and organisations. Enquiries should be addressed to Andrew Retter:

kfcommunityhall@gmail.com
Tel: 020 8426 1806 or
07956 129046

Paul Strickland Scanner Centre



presents a Christmas Concert

ON: Friday 2nd December

AT: Holy Trinity Church, Northwood

START: 7.30pm

Songs from Harrow Apollo Male Choir
& the children of Holy Trinity School

Tickets are £8, or £5 for under 12s

Paul Strickland Scanner Centre,
Mount Vernon Hospital, Northwood HA6 2RN
Tel: 01923 844290

Follow us on Facebook and Twitter: @scannercentre
website www.stricklandscanner.org.uk
email appeals@stricklandscanner.org.uk

Ruislip, Northwood & Eastcote Local History Society
21 Nov: *What shaped Pinner before the railways*; Pat Clarke
19 Dec: *Research Topics*; RNELHS members
16 Jan: *Medieval Middlesex, the archaeological remains*; Adam Corsini
Meetings are held on Mondays in St Martin's Church Hall, High Street, Ruislip at 8.15pm.
For more information, please contact The Programme Secretary on 01895 673299.
rnelhs.org.uk





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