



Northwood

Residents' Association

www.northwoodresidents.co.uk

Newsletter 174, Summer 2019

NRA Summer Pop-Up!

Saturday 27th July, 12 noon to 2pm

We are delighted to invite you to meet the NRA committee members and also the local Safer Neighbourhoods Police team.

We will be serving a delicious fruit punch and light refreshments to celebrate what we hope will be a lovely summer. The Police will be setting up their regular Crime Prevention stall alongside ours.

Our gazebo will be situated right next to the war memorial - so you can't miss us. We look forward to seeing you all there!



Northwood Safer Neighbourhood Team making good use of the gazebo funded by Northwood Residents' Association

I surely can't be the only person feeling so utterly dismayed as I walk down Green Lane! So many closed businesses, junk mail strewn all over their entrances, leaving Green Lane looking sadder and sadder.

The closure of Santander and Beyond Kitchens were recent casualties and, I hear on the grapevine, there are more closures to come.

It's not my intention to speculate on the reasons why this is happening. The situation is too complex. But, is this economy so hard that landlords are being greedy and unreasonable? Or is something else going on?

Peoples' shopping habits have changed, for one thing. I honestly think that what doesn't change is our desire to walk down an inviting looking street to browse for interesting or unusual items. Then we will stop at a restaurant or café for a break. Then we will remember something important we needed, say at a chemist or food shop. Shopping then becomes in the moment.

We, the NRA, have around 80 business members divided

between the Old High Street (and its continuation into Pinner Road) and the Green Lane area.

Our stated aim is to encourage independent traders and major retailers to work together and to foster a community spirit with the residents. If

Northwood businesses could all join forces then we could approach the council over matters which concern you with more power. Or perhaps you could form a united business front to speak with one voice?

Will that ever happen? Would businesses both in High Street and the town centre welcome the opportunity to express their views? We could organise a business forum to hear your views. Please let me know what you think.

business@northwoodresidents.co.uk

Hoda Lacey



At the end of 2018 we invited residents to nominate their good neighbours, people who help to promote a sense of community by performing small acts of kindness. We received a number of nominations, all of which demonstrated that there are areas of Northwood where neighbours go out of their way to help one another. Miles Gillman, NRA vice chairman, who organised the project presented the winners and their nominators with an "I'm a good Northwood Neighbour" mug and a bouquet of flowers, the mug symbolising neighbours getting together for a mug of tea or coffee.



And the winners are



Mr Nazir Merali and Mrs Fatim Merali nominated by Fatima Asaria

"They go out of their way to help not only myself but others too. They
- look after my house whether abroad or in town
- keep in touch and update me on everything whilst I'm away
- do my shopping whenever they go for theirs
- not only shop but carry it to the kitchen
- send me cooked food once or twice a week
- in my absence, if needed, supervise any work if carried out"

Jan Sutton nominated by Ramesh Haldipur

"Ever since we moved to Northwood 11 years back she has not only helped us all the time but also all the neighbours around."



Mr Ashish Sharma of Northwood Health Foods nominated by Kiran Grover-Hesselgren

"He is a very community minded and helpful person and has been a key part of Green Lane shops for many years. He is always the first to go and help people, regardless of whether they are customers of his or not. If someone has fallen or hurt themselves he will leave his shop to go and help. If someone needs help with their bags he will walk them to the car. He is caring and kind and a real asset to our area. If Northwood had a Mayor, it should be him!"



From the Chairman

INTRODUCTION

By the time you read this, summer will be well under way and hopefully we will be experiencing some warm and sunny weather. Now, in mid-June some parts of Eastern England have received 110mm (over 4 inches in old money) of rain in 24 hours – this after weeks of drought. Global warming?? Who knows?

Once again, I can report that members of the committee have been working hard, answering your many queries, contacting the council and delving into the complexities of planning regulations.

STATION DEVELOPMENT

Further information about the development is non-existent. We have a statement from Curtin & Co, the development co-ordinators, that says nothing. (See below). Phone calls and emails to the TfL development manager remain unanswered. Yet, TfL has renewed the pavement in Station Approach and offered tenants new leases.

How different from the last consultation when TfL leant over backwards to communicate with residents. As he states in his article on page 7, MP Nick Hurd is very much against the current proposed development, so we are guaranteed his total support.

You may have seen, and possibly signed, a petition sponsored by Northwood's Voice which is against "the TfL proposed total development of the Conservation Area of Green Lane and Station Approach". The NRA Committee does not feel it is right to object to the scheme until plans are submitted. Also, we feel that some development of the site is unavoidable but again, until we have seen the final plans we cannot comment or take definite action.

We have taken positive action by asking Greater London Authority member, Susan Hall, to submit Questions to the Mayor of London about the effects of closing the station car park. As yet we have not had a reply.

ANNUAL GENERAL MEETING

We had a bumper turnout for the AGM, over 180 people including guests and committee members - nearly 100 more residents than last year. Many attended to discuss the Station development and a lively discussion ensued with 99% of attendees against TfL's proposals.

Our guest speaker was the Commanding Officer of Northwood Base, Group Captain Jason Sutton, who gave us an extremely interesting review of the history of, and the operations at, the base. I also appreciated that he stayed to the end of the meeting and mingled with residents.

Nick Hurd made a stirring speech about defeating TfL's current plans.

Our subscription was maintained at a minimum of £2 per household and £10 for business members and the usual plea was made for new Road Stewards. We appointed a new

President: Valerie Mellor agreed to take on the role, replacing Alan Prue. (See more, page 6)

MAJOR PLANNING APPLICATIONS

A personal gripe!

Major planning applications are heard by a Planning Committee of councillors. Northwood College recently submitted an application for a large new block to be built in the Maxwell Road

Conservation Area. The meeting was streamed live on YouTube and I was extremely surprised that after much discussion, the councillors decided that they needed to visit the site before making a decision.

Surely a routine site visit should be made before councillors start the decision process. Would anyone buy a large expensive item before seeing it? I think not.

MOUNT VERNON HOSPITAL

Northwood residents often refer to Mount Vernon Hospital as a single unit. For clarification, the Mount Vernon Hospital site is owned by The Hillingdon Hospitals NHS Foundation Trust (THH) and is home to several tenants: Bishops Wood, Mount Vernon Cancer Centre, Michael Sobell, Paul Strickland, Lynda Jackson, etc. THH is responsible for the operations of the Treatment Centre, Minor Injuries Unit, the Outpatients clinic, Trinity Ward, X-Ray department, Daniel and Edmunds Wards. Bishops Wood is a private hospital, the Mount Vernon Cancer Centre is run by East and North Hertfordshire NHS Trust and the others are separate charities.

It is well known that THH has been underfunded for many years and that its property is somewhat dilapidated. THH is now in the process of producing a case for a new-build on the Brunel University campus. This process is expected to take up to two years. In the meantime, the current premises both at Hillingdon and Mount Vernon are in need of refurbishment and THH has applied to the NHS for additional funding to carry out essential work to make the premises safe for patients and staff.

CONCLUSION

Thanks to all who make the NRA a successful organisation – Road Stewards, committee members, councillors, MP and, last but not least, you our members.

Summer is time for rest and recuperation but no doubt we will be kept busy. Do please keep asking your questions and remember I'm very happy to talk to you.

Enjoy the summer.

Tony Ellis
chairman@northwoodresidents.co.uk
Tel: 01923 821237



Curtin & Co statement, 30th May 2019

"We are committed to delivering our site at Northwood station to provide much needed new and affordable homes in the area alongside step-free access to the station and other transport improvements. We continue to review all options and will respond to the issues raised in due course. We hope to be able to update residents and stakeholders of our progress and next steps shortly."

All views and opinions expressed in this newsletter are those of the individual contributors.

Traffic and Highways



NORTHWOOD TRAFFIC STUDY

In mid-2018 a transport study was carried out for LBH, including the following roads:

- A404 Rickmansworth Road
- B469 Green Lane between Rickmansworth Road and Maxwell Road
- Maxwell Road

Several months ago the report was submitted to Cllr. Burrows, Cabinet Member for Planning, Transportation and Recycling, for review. The main recommendations were listed in the last edition of the NRA Newsletter. Unfortunately, little progress, if any, seems to have been made since then.

RICKMANSWORTH ROAD

Excavation works to install ducting and build assorted chambers for a fibre optic cable installation are proceeding as I write, and appear to be going well, with very little disruption. If things continue to go to plan, the Northwood Ward part of this project should be completed by mid-July, moving on through Northwood Hills and then into Harrow around mid-August.

GREEN LANE

“Carriageway Repairs – Nightwork” were scheduled to take place between nos. 80 and 100 Green Lane early in May, but I understand that some technical issues have arisen and **the work has been postponed until these are “sorted out”**.

OUT OF WARD

Road works for HS2

Following negotiations with HS2, the start of the next planned 8 weeks closure of Breakspear Road South (BRS) has been delayed until at least 19th July, so as to be mainly in the school holiday period. It may be necessary to close BRS again in 2020 or 2021.

33kV power cables have to be laid between Rayners Lane and West Ruislip to supply the tunnel boring machines. Test borings will start in the next few months, with the main work starting in autumn 2019, lasting around a year. The cables will be routed along local roads, avoiding main roads where possible, probably working in 50m stages. At some stage this will involve Ickenham Road between Ruislip High Street and West Ruislip, hopefully not when BRS is closed!

traffichighways@northwoodresidents.co.uk

Peter Lansdown

Metropolitan Line

No specific news this time, but a reminder that Gerry represents the NRA on FOMLUC, the Federation of Metropolitan Line User Committees.

He is always pleased to receive your Met Line tales, whether woeful or complimentary!

met@northwoodresidents.co.uk

Gerry Pimm



NRA Community Liaison officer, Emma Brown lived up to her title when she represented us at the Holy Trinity Church fête on Saturday 15th June. She persuaded many members of the community to submit to having a temporary tattoo applied - all for a good cause, the proceeds going to church funds.



N ews from the Woods



Apart from welcoming the return of the cows for their summer holidays in Ruislip Woods, the Rangers have been concentrating on clearing pathways and erecting new fencing. With the help of the woods volunteers a sustainable fence project has been started in Bayhurst Wood along the bridle path. They are taking mainly coppiced chestnut branches from the woods and then splitting them and constructing fencing on site. If you would like to volunteer to help join projects in the woods do call Ranger

Richard Hutton on 07951250024. For more about Ruislip Woods Trust visit: www.ruislipwoodstrust.org.uk woods@northwoodresidents.co.uk

Miles Gillman

Planning Matters

It has been quite an active three months with some fifty planning applications submitted. Having reviewed them, I submitted objections or comments on sixteen of the applications.

Bulk is a common reason for applications to be refused, particularly where the proposed works would change the street scene too much. That can happen, for instance, when the completed property would be much wider than the vast majority of houses in the street. When at the front of the house, new dormer windows in a roof converted into habitable space can have the same impact on the street scene.

Most applications continue to be for side and rear extensions or the conversion of garages or lofts into habitable space.

Objections can be made when the side extensions proposed are too close to the boundary and would have too great an impact on the neighbouring property, particularly if new windows would suddenly enable your neighbour to see inside your habitable rooms and thus cause a loss of privacy. Rear extensions can also have an adverse impact on occasion and fail to comply with planning guidelines.

I know that the last thing anyone needs is confrontation with a neighbour by objecting to their planning application, but, so long as the objection is on planning grounds, then that must be the right thing to do, as, should consent be given it is then too late.

As a reminder, it is easy to make an objection to a planning application on the London Borough of Hillingdon website, when there is a valid reason on planning grounds. There is a search facility where you enter the property address to find the application details, and then a comment can be made which goes to the Case Officer and is attached to the application. The search page is found by going to <https://hillington.gov.uk/> From the home page follow Planning and building then Search for planning applications.

There continue to be a significant number of applications relating to trees protected by Tree Preservation Orders, either as standalone applications or as part of a planning application. I do raise a comment where there is no statement regarding the replacement of these trees.

There has been a change relating to rear extensions. Temporary rules, which allowed bigger single-storey rear extensions without a full planning application, are being made permanent. Additions to terraced and semi-detached homes can be up to 6m, while detached houses will be able to add structures up to 8m long. The Planning Authority must be informed of the proposed work via a prior approval application and neighbours will still be consulted and can raise planning objections to the proposed extension.

TfL has delayed its application for Station Approach and the station car park until at least the Autumn, and have stated there will be further public consultations before any application is submitted. We do hope that TfL will take into account the views expressed at the consultations.

In addition to reviewing the planning applications made, I attend the quarterly Residents Planning Forum meetings, held **at the Civic Centre, at which all of the Residents' Associations** in the borough have an opportunity to question the Chief Planning Officer and senior staff on current planning matters of concern, and they outline current matters affecting the borough as a whole as well as the larger planning

applications. This is an excellent facility provided by the planning department at LBH.

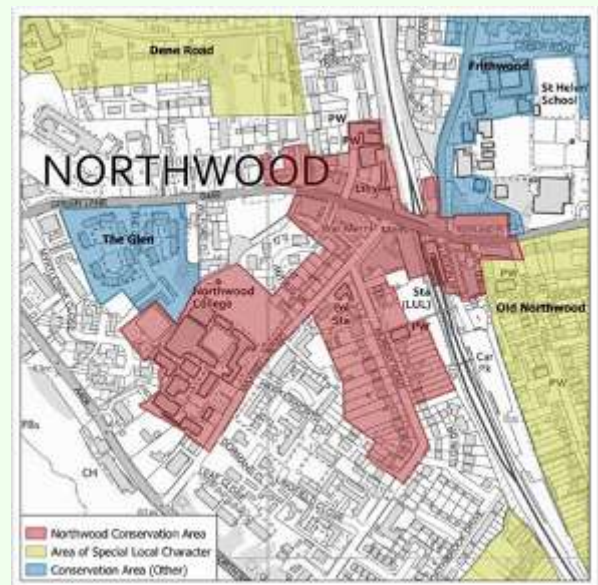
NORTHWOOD TOWN CENTRE, GREEN LANE CONSERVATION AREA

Members of the NRA committee joined London Borough of Hillingdon conservation officials on a walkabout of Northwood Town Centre and a draft Conservation Area Appraisal is now open to public consultation.

The draft explains all about the Northwood Conservation Area with its many pluses, and some minuses, and proposes 14 additional buildings should now be Locally Listed. These buildings are mainly already within the Northwood **Conservation Area, but also St Matthew's Church in Hallowell Road, St John's School in Potter Street Hill, and numbers 27 and 46 The Drive.**

LBH is requesting comments to be made and we would encourage you to do so. The consultation period is 6 weeks from 12th June, so ending on 23rd July.

As a point of interest, the Coral building at 54-56 Green Lane is amongst those proposed to be Locally Listed, it is at the top of Station Approach and within the site TfL proposes to demolish. It would certainly be helpful if that property was Locally Listed as that strengthens its importance as it is already within the Northwood Conservation Area.



Unlike Listed Buildings, buildings on the Local List do not enjoy statutory protection and are subject to normal planning controls. However, their inclusion on the Local List does mean that the council will take into account the building's special local architectural and/or historic interest. Applications involving the demolition of a building of local importance will normally be refused, unless such works can be fully justified and a replacement building of suitable quality provided.

The draft appraisal can be found on the LBH site: www.hillingdon.gov.uk

Go to Planning, then follow the links: Conservation, heritage assets > Projects and consultations > Northwood Conservation Area Consultation and Locally Listed Buildings

Paper copies are available at Northwood Library

planning@northwoodresidents.co.uk

Trevor Sherling

Our New President - Valerie Mellor

Dear Fellow Residents

At the Annual General Meeting of the Northwood Residents' Association on Thursday 11th April 2019, I was appointed its new President. How did this come about?

Some time after moving to Northwood in 1977, my local Road Steward had an accident; I seem to recall that he broke a leg. I thought that taking over his role would be a wonderful way to get to know fellow residents in my road, so I volunteered. In 1986 I, too, broke a leg. Hopefully, a fractured limb is not a Road Steward's occupational hazard!

In 1985, I was invited by the chairman to join the NRA Committee.

Over the years I chaired two sub-committees: Health and later Business Members. These two groups were perfect for me. Being from a medical family, I have always had an interest in local health issues; while living in Northwood and using local shops and businesses, it seemed obvious that residents and

businesses depended upon each other.

After 26 years' service on the committee, in 2011, I became the Vice-President of the NRA, under the Presidency of Alan Prue. Sadly, Alan suffered a stroke in June, 2017. Although he is making some progress, my name was proposed as his successor in 2019.

Alan was a wonderful President and he will be, as they say, 'a hard act to follow.' I can only promise to do my best. As your NRA President, I shall support the chairman and his committee, all of whom work extremely hard and in a voluntary capacity for the benefit of us all.

Valerie Mellor



NRA Membership

Following my appeal in the last newsletter, reinforced by Tony Ellis at the AGM, I am delighted to report three ladies volunteered for Road Steward duties, and are in position for this issue of your newsletter.



We have a continuing need for replacements as RSs retire or resign, and many stalwarts are seriously overloaded, so we need more volunteers to help better distribute the load. Please contact me if you can help and join our friendly **battalion of RSs!** As a 'thank you' to the troops, we held our **annual reception for RSs and their guests at St Matthew's Church hall in April.** It proved to be a popular opportunity for

swapping ideas and experiences in a social atmosphere with lots of animated conversations taking place throughout.

The number of residents who have supplied their email addresses to receive alerts increases apace, but there are still **several hundred who haven't.** Every time we publish a **timely alert we get appreciative responses, so don't miss out** – contacting us by email ensures we add your email address **correctly (we still get "bounces" from email addresses** wrongly transcribed from subs envelopes, or where you have changed yours without telling us!).

Finally, if you appreciate our newsletter and email alerts, help spread the word by suggesting your near neighbours join up if they are not yet NRA members. They can apply online using the **'Join the NRA'** button on the top right corner of all pages on our website or by email to me.

chiefroadsteward@northwoodresidents.co.uk
Home Tel: 01923 821036

To register for email alerts:
admin@northwoodresidents.co.uk

Paul I. F. Barker
CRS and DPO

Michael Sobell Hospice Charity

Announcement - Tuesday 11th June 2019

"Hillingdon CCG has now completed the OJEU process to award the contract for Hospice services at Michael Sobell Hospice as regards Inpatient palliative care, Consultant-led advice and support line and the Provision of day care services. They have awarded the contract to Harlington Hospice.

"The next stage is to progress discussions regarding the management of any transitional arrangements, including estates and workforce mobilisation which will involve all stakeholders including the Michael Sobell Hospice Charity.

"Sarah James Divisional Hospital Director at East and North Hertfordshire NHS Trust has stated: 'we are keen to make this transition a smooth and positive experience for all in line with decisions made by commissioners regarding the future provision of services.'"

CCG - (Clinical Commissioning Group), OJEU - (Official Journal of the European Union)



For more details on MSH and our fundraising events visit
www.michaelsobellhospice.co.uk

or call the Fundraising Office on 0203 826 2367
Email: mshevents@michaelsobellhospice.co.uk

Facebook: [/michaelsobellhospice](https://www.facebook.com/michaelsobellhospice)

Twitter: [@MSobellHospice](https://twitter.com/MSobellHospice)

Michael Sobell Hospice,
Gate 3 Mount Vernon Hospital,
Northwood, HA6 2RN; SATNAV: WD3 1PZ

And the fund-raising is as important as ever!

Ladies in the Night Walk - Back In Business
Coming soon ...Friday 6th September 2019

A Message from Nick Hurd MP

It was a pleasure to speak at the recent AGM of your **Residents' Association**. **The hall was packed. The magnet** may have been my power of oratory, but I doubt it. People **came because they are deeply concerned about TfL's radical** plans to change Northwood Town Centre. I told the meeting that I was opposed to them and I have made that clear also to TfL.

The plan is drawn up to get approval from the Mayor on **appeal. That is why it has high levels of "affordable" housing** and almost no parking for all the new Northwood residents. **This is a plan designed to fit with the Mayor's London Plan** and not what is right for Northwood. I am all for encouraging public transport, and the need to reduce emissions and pollution, but there is a reason why Hillingdon has high levels of car ownership. So like many others, I am concerned about what this development will mean in terms of pressure on local roads and parking spaces.

The problem is made even worse by the apparent policy of the Mayor to do away with parking at underground stations. The proposal to remove the Northwood station car park is fundamental to the TfL proposal and is based on the argument that it is not fully utilised and that car drivers will divert to other stations. Residents know that the former is not true and are right to be sceptical about the latter. Again, common sense tells you that the development is going to create problems with drivers trying to find parking in local streets.

This is the third proposal by TfL, and in my view significantly worse than the last one, which divided the community. Last time TfL went out of their way to engage with the community, but they are taking a different and more traditional approach this time. There will be some minor adjustments, but they will come forward with basically the same proposal as a formal application. I have always been clear that I am not against redevelopment. Station Approach and the Station could do with an upgrade. It would be good to have new shops and places to meet up. The need for more affordable housing in Northwood is real. However, redevelopments of this scale need to go with the grain of the area. This plan does not, and we will have to work together to make sure that the voice of Northwood is heard in City Hall.

Do please get in touch if I can help with anything, or if you have a view.

To contact Northwood MP, Nick Hurd:
Email: nick.hurd.mp@parliament.uk
Post: Nick Hurd MP, House of Commons, Westminster, London, SW1A 0AA
Tel: 020 7219 1053 or 01923 822876
You can follow his work on the website: www.nickhurd.com and on Twitter: @nickhurd



Trevor Sherling

Meet Your Committee

Trevor Sherling first moved to Northwood in 1967, moved away after getting married in 1973, and then moved back to Northwood in 1979. He became a member of the NRA Committee in December 2018.

Trevor has a degree in Estate Management and until retiring was a Fellow of the Royal Institution of Chartered Surveyors. He started his career in property valuations and then in 1980 moved into commercial property management.

When Trevor saw the advert for Planning Officer, although not a planner, he saw it as an opportunity to help the Northwood community. He now reviews all planning applications submitted in Northwood and makes objections or comments on behalf of the NRA to London Borough of Hillingdon where there are planning grounds to do so.

Trevor enjoys spending time with his children and grandchildren, playing bridge, bowls, the gym, and belongs to a walking club.

From the Treasurer

Our membership levels and subscriptions remain solid so at the AGM it was agreed not to change the subs hence they remain as a minimum of £2 per household and £10 for businesses. I must stress the word *minimum* since without the larger subscriptions paid by the majority, we would have no choice but to raise the minimum. In time I hope and expect most subs received will be in excess of £5 and then the change to a new minimum will be without issue. Another development is that the subs have been paid more promptly. Thanks to the Road Stewards and obviously members for achieving this. The financial year ends on the 31st December each year and ideally all subs for that year should have been received in that year. It avoids creating debtors for the late receipts and enables easier year-on-year comparisons to be made.

Questions sometimes arise as to what happens if members join during the year. Given the modest subs I would suggest they pay the full amount; if new members move into Northwood in December and paying the full annual sub seems

wrong, perhaps wait until January but discuss it with the Road Steward. We wish the process to be as simple and transparent as it can be.

Producing the newsletters remains the largest expense. It is also an expense well worth the money in my view. It is the only physical product that is distributed to all members and that action can enable communication or facilitate subs collections. If the newsletter was published only online these benefits would be lost and any members with no easy internet access would lose this resource.

The current methods do enable us to have an accurate membership list and information flows. It is important **residents' views are known and the majority represented**. The higher our membership, the greater our impact so please ensure you know your Road Steward and keep those subs flowing in.

treasurer@northwoodresidents.co.uk

David Blowers

Environment

HEDGES : SHRUBS : TREES
It is that time of year again!



Can residents and garden contractors please trim back the overgrowth of hedges, shrubs and tree foliage that **narrows Northwood's paths?**

Take a look at the picture and if this is more or less what the outside of your property looks like, then it is time for you to act and to cut back the overgrowth.

By the same token it is up to our council to trim back the trunk growth on the trees that line many pavements. If one of these is outside your property you can ask the council to do that trimming.

Leylandii Owners – a special plea to you. Lop the top off and if it is very tall reduce it by a third. Leylandii grow at a very fast rate each year and size reduction has to keep pace. If a neighbour refuses to reduce the height of their Leylandii, you can always go up on the powers available to you to gain redress under the terms of the High Hedges Act. Out of control Leylandii cast massive shadows and cause loss of sunlight all too easily. Thank you.

There is an informative article on the LBH website under the heading **“Neighbour's high hedges”** and a similar one for Three Rivers. As the LBH site is currently being redesigned and you could find yourself on either the new or the archived version, the safest instruction we can give is to suggest using the search box in order to find the article. Remember, always

try to exhaust other avenues to resolve a high tree or hedge problem with a neighbour, before recourse to the council and use of the High Hedges Act.

These matters come within the area of Anti-Social Behaviour. Again, the Hillingdon Council website has lots of useful **information and contacts; find the page by searching for “Anti-social behaviour”**. It can be as simple as clicking the **‘report it’** button. **Noise Nuisance comes under Pollution**. It is worth noting that there is an out-of-hours phone number that you can use if you need immediate action e.g. a noisy party going on into the small hours.

Out of hours contact details for LBH Anti-social Behaviour and Environment Team (ASBET)
Investigates and takes enforcement actions against people who commit offences against persons or property.

Telephone: 01895 250111

Opening hours:

Monday, Tuesday, Wednesday	Closed
Thursday	8pm to 2am
Friday	9pm to 3am
Saturday	9pm to 3am
Sunday	7pm to 1am

environment@northwoodresidents.co.uk

Andrew Egan

For all information about local environmental issues, visit the council website, www.hillingdon.gov.uk and follow the links or use the Search box
Email: contactcentre1@hillingdon.gov.uk
Tel: 01895 556000

Councillors' Column

In our last newsletter, Scott revealed the contents of our local elected councillors' postbags; this time he tells us more about their role:

After we've dealt with the post, the rest involves face-to-face meetings and more public ones including:

SCHOOL VISITS. Once a year I speak to a local school PHSE class about local government and with colleagues we engage closely with the junior and secondary sector in the ward concerning challenges they have, both council-related and other.

SYNAGOGUE AND CHURCH events and engagement is also a big part of local life in the ward; our faith communities are strong and well attended. From the regular events the churches hold to the annual Civic Service at the Liberal synagogue they allow us to engage with and meet residents in a less formal environment.

NRA EXEC. Working with the NRA committee directly generates a lot of member enquiries about services. I meet with them perhaps twice a year to check on issues and on the progress with longer-standing concerns we've reported previously. **It's a great way to hear from the wonderful volunteers who alongside the Street Champions (and many**

are both!) act as the additional eyes and ears on the streets for us.

The rest of our role involves the more formal side of council life from committee meetings to full council and party meetings and business-like campaigning and electioneering.



Cllr Scott Seaman-Digby

Whilst we cannot always deliver what people want or change **the things that they don't like, councillors are a key conduit for getting the residents' voices heard and directing concerns** in to the council - so do feel free to contact us and let us know your concerns.

Elected councillors for Northwood ward are:
Richard Lewis, Carol Melvin and Scott Seaman-Digby.

Tel: 01895 250316 - Civic Centre office (9am - 5pm weekdays)

Tel: 01923 822876 - Northwood Office

Email: rlewis@hillingdon.gov.uk
cmelvin@hillingdon.gov.uk
sseaman-digby@hillingdon.gov.uk

HOSPICE CARE IN HILLINGDON. Following the changes made by East and North Herts Trust to the delivery of palliative care services at the Mount Vernon Hospital site in June 2018 there has been a gap in inpatient hospice provision in the borough and in particular inpatient palliative care for non-cancer patients. This is resulting in poor patient and carer experience.

There was a preference to utilise the original hospice accommodation. However, the HCCG has made a decision for the direct award of a 12 month contract to Harlington Hospice as lead provider within Hillingdon Health and Care Partners to pilot a model including:

- Inpatient hospice care
- A 24 hour consultant-led phone line
- Day Centre services

and delegated the decision to go live with the service to a working group constituted as set out in the business case. The Hillingdon Hospital, Harlington Hospice, Hillingdon CCG and Michael Sobell Hospice will be working together to ensure the accommodation is fit for purpose for the next two years.

THE HILLINGDON COUNCIL'S TELECARELINE SERVICE
This service enables more than 5,000 Hillingdon residents to live independently in their own homes. Its 24-hour monitoring and alert system helps people to feel safe and supported on a day-to-day basis and in an emergency. It also provides them, their carers, friends and family with daily peace of mind. The system works by linking alarms, sensors and equipment in the home to an adviser in the TeleCareLine monitoring centre, which is staffed 24 hours a day, every day of the year. Monthly cost for the four different services ranges from £4.91 to £52, depending on the level of support needed. All four services are free to Hillingdon residents who are aged 75 and over.

You can telephone 01895 250380 for more information about the service.

Need a blood test?

Mount Vernon Hospital's

Phlebotomy dept. is open:

Monday to Friday, 7am - 4.45pm

Telephone: 01923 844732

The department's doors normally close at 4.30pm. No blood tests after 5pm.

*Minor Injuries Unit,
Mount Vernon Hospital*

Open: 9am - 8pm daily

Telephone: 01923 844201

TRANSFORMING CARE FOR OLDER PEOPLE. By 2020/21, Hillingdon Clinical Commissioning Group (HCCG) will be delivering the following outcomes:

- ◇ Fewer hospital admissions due to cold/flu related illness
- ◇ Improved dementia diagnosis and support
- ◇ Fewer emergency admissions due to falls
- ◇ Greater participation in screening programmes for 55 years and over
- ◇ Enhanced enablement outcomes and reduced need for long term care
- ◇ Fewer permanent admissions of older persons to assisted care homes, enabling them to live independently and in the family home for longer
- ◇ **Coordinated Care for Older Peoples' Planned & Unplanned Care Needs**
- ◇ Coordinated services for carers receiving respite and support
- ◇ Integrated Health & Social Care support for those patients who need it
- ◇ Empowering people to plan for their own care.

FREE NHS APP LAUNCHES IN HILLINGDON

The NHS has launched Health Help Now in Hillingdon, a new digital app to help residents and patients to manage their GP and hospital appointments, access the right local services and to find health advice in a hurry.

Health Help Now is a really useful one-stop shop for residents to find local services and for trusted healthcare advice. **Often people don't know where to go for help and might end up at A&E when they don't really want or need to.** The app helps to find alternative services and even book a GP appointment.

It's a great step forward to improving patient experience in Hillingdon. It's really easy to use and gives patients greater visibility of what's available. There are lots of good health apps on offer but this is local and brings services and advice under one roof.

Visit www.healthiarnorthwestlondon.nhs.uk and follow the links: Digital Health services>apps and programs>Health Help Now

health@northwoodresidents.co.uk

Dr Amir Lakha



Jazz concert in aid of local charity helping cancer patients

If you love jazz and cream teas, and you'd like to help local people affected by cancer and other serious conditions, you won't want to miss our Garden Jazz with Tea in Chorleywood event featuring the BSV Jazz Band.

Paul Strickland Scanner Centre is an independent medical charity at Mount Vernon Hospital which carries out monitoring and diagnosis of people with mainly cancer, but also other serious conditions using CT, MRI and PET-CT scanners as well as medical research. The charity has to raise money in order to

continually update its scanning equipment and help make sure that patients receive the best possible care.

- Garden Jazz with Tea in Chorleywood is taking place at Long Lane, Heronsgate, on Sunday 8th September from 2pm to 4.30pm. Tickets are £17.50 (£12 for under 12s). Book now by calling 01923 844290 or emailing appeals@stricklandscanner.org.uk – advance bookings only. Please bring your own picnic rug and chair.
- For more information about BSV Jazz Band, visit www.bsvjazzband.org.uk

For more information about PSSC
appeals@stricklandscanner.org.uk
or call: 01923 844290
www.stricklandscanner.org.uk

DEAR RESIDENTS, my name is Jim Last and I am your neighbourhood Policing Sergeant for Northwood. I have been working with the team since January and cannot believe how quickly this year is passing by with the summer now upon us. There are changes ahead for the local team with PC Dave Bell leaving us to return to response Policing and being replaced with



**METROPOLITAN
POLICE**

From Sergeant James Last



The team gets helps with a recent weapons sweep at Northwood Recreation Ground

PC Ed Thevareman from the 1st July. May I put on record my personal thanks to Dave for the work and dedication he has shown the ward since joining the SNT and wish him well in his new role. It was great to see so many of you at the AGM in April and give the annual Policing update. Also, a huge thankyou from me and the team to the NRA for the funding our new Gazebo which will no doubt enhance engagement activities in the community!

With the hotter weather comes the increased risk of opportunistic Burglary & Theft offences. Whilst Northwood enjoys relatively low crime rates it is unfortunately not immune to it. We typically see an increase in these methods owing to open doors or windows, and vehicles being left open and unattended with valuables left on display. Please lock and secure your property when you are not present over these next few months.

I hope you have had a chance to meet the team around the ward. If not, then please visit them for a chat at their police surgeries at Costa Coffee on Green Lane and crime prevention stalls under the new gazebo near the War

Memorial. We advertise the latest dates on our website, via twitter and in our monthly newsletter along with Online Watch Link (OWL). **Northwood Police station is now officially closed. The "Street-a-Week" engagement initiative continues and your ward team will be out visiting you at your residential & business properties to give help and advice wherever needed.**

If you wish to attend the next Northwood ward police panel meeting then please contact Chairman Philip Green for details at: nwdpolicepanel@gmail.com. It is usual policy that to have eligibility to join you must either currently live or work in the Northwood ward. A commitment to long term policing of local issues affecting the area would be advantageous.

If you are encountering difficulties with isolated or singular issues please, as an alternative, complete the Virtual Ward Panel survey and ensure you contact the local Northwood Safer Neighbourhoods Policing team for assistance. The latest smart survey link will be published on OWL, and Twitter 14 days before the next ward panel meeting date due in September 2019.

Thanks for reading. SGT JIM LAST

Northwood Ward Team can be contacted on
Telephone: 020 8721 2545 or 020 8246 1823
Email: Northwood.snt@met.police.uk
Twitter: @MPSNorthwood
Website: www.met.police.uk/your-area/

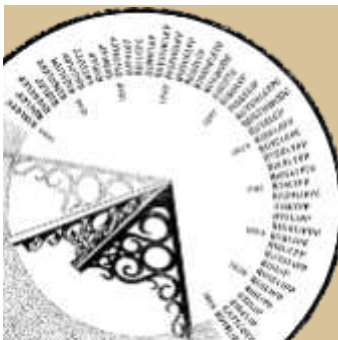
Address: Ruislip Police Station, The Oaks, HA4 7LF
Sergeant: james.last@met.police.uk

C rime Prevention Stalls under the gazebo near the War Memorial, weather permitting, otherwise in Waitrose:

Wednesday 10th July, 12pm to 1pm
Monday 22nd July, 3pm to 4pm

D rop-in Surgeries at Costa Coffee

Thursday 4th July, 3pm to 4pm
Friday 12th July, 12pm to 1pm
Wednesday 17th July, 2pm to 3pm



Ruislip, Northwood and Eastcote Local History Society

Everyone welcome!

Come along to St Martin's Church Hall (behind the church) on the third Monday in the month from September to April at 8.15pm. You'll hear illustrated talks about local happenings and our long and surprising history from experts whose wide-ranging knowledge of the locality never fails to fascinate audiences.

DIARY DATES

The autumn season starts on 16th September with Ian Bevan telling us about 'Victorian Leisure', what the Victorians liked to do in their leisure time in London. On 21st October our Medieval Research Group will share the results of recently translated manuscripts on Ruislip held at King's

College Cambridge. On Monday 18th November we have a talk on 'Code-breaking: Eastcote to GCHQ' given by Ronald Koorm, who'll tell us all about the secret work in Eastcote done for GCHQ.

Members free; Visitors £2

The ancient parish of Ruislip, which included Northwood and Eastcote, was first documented in the Domesday Book. The Society promotes interest in local history generally and the history and conservation of our area.

For further information, please contact:
membership@RNELHS.uk
or look at our website, www.RNELHS.org.uk
Come along. You'll be amazed!

Simon Morgan
Chairman RNELHS

Local Policing from the NRA Police Liaison Officer

As well as my role on the NRA I chair the Northwood police ward panel and I chair the Hillingdon Safer Neighbourhood Board. These roles allow me to have a broader understanding of both local policing and borough-wide matters and upwards to the whole Met-wide portfolio. When writing to you in this newsletter my focus is always on local matters but I hope it may be of interest to you to see the whole borough-wide perspective.

THERE HAVE BEEN HUGE STRUCTURAL CHANGES in the Met Police over the last year; Hillingdon is now joined with Hounslow and Ealing to form the West Area Borough Command Unit (BCU). The BCU itself is controlled by fewer high-rank officers who have to spread themselves rather thinly.

In Hillingdon some local wards have had to deal with shortages of Dedicated Ward Officers (DWOs) who are the fine ladies and gents we see around almost daily. They deal with neighbourhood policing. The good news is that from 1st July all vacant posts will be filled.

The West Area BCU has seen an influx of over 150 new police constables. This is good news for policing in our area; it means there are now more people on response teams dealing with the urgent and dangerous incidents. However, this large influx means that response teams now have large numbers of inexperienced officers. This is a critical officer safety issue that must be addressed. For the safety of officers who are attending the most dangerous calls and for those people

calling for police help, we must have a mix of experience and new recruits on response teams. Because of this a decision has been made that a small number of DWOs will move from Neighbourhood Policing to response teams and they will be replaced by relatively new constables. This is not about disrespecting Neighbourhood officers, or the community, it is about keeping people safe and that will not be compromised. Northwood will be one of those affected areas. As the changes crystallise we will keep you advised. There will not be fewer officers, just possibly less well-known ones. I know you will make them welcome.

OWL – we are all asking residents to join the On Line Watch Link system which gives the local ward police and others the opportunity to tell you about what is happening, what has happened and give personal and property security advice. But we need more of you to sign up. It is proving to be a huge success in other parts of the borough where take-up is much higher. Car thieves and burglars are being caught due to the intelligence gained via the public through the OWL system. Please sign up and be part of it. www.owl.co.uk

Chairman, Northwood Police Ward Panel
nwdpolicepanel@gmail.com

and NRA Police Liaison
police@northwoodresidents.co.uk
H: 01923 450497 M: 07831 116570

Philip Green

What's happening at Northwood Library?

The Summer Reading Challenge 2019 launches on 6th July! **This year's challenge is called Space Chase and is inspired** by the 50th anniversary of the first moon landing.

Children aged 4-11 years are invited to visit Northwood Library during the summer holidays to join the challenge. They will be able to collect prizes, stickers and Starborg cards each time they visit the library to borrow a book and if they manage 6 visits they will receive a medal and certificate. We also have lots of events planned for children. Please visit our website or ask at the library for more details.

Our new support group for people under 65 living with Young Onset Dementia is up and running every Thursday 10am to 11.30am. This is a relaxed social group where people with young onset dementia and their carers can meet up for a chat and share experiences with others in a similar situation.



A Meeting of the Young Onset Dementia Group

Our new play reading group is meeting once a month. So far we have enjoyed reading *The Ferryman*, *The Pillars of the Community*, *Six Characters in Search of an Author*, *One for Sorrow* and *Death of a Salesman*. If you enjoy theatre and drama why not come along and read a part or listen. Contact the library for details of the next meeting.

Do you enjoy reading or listening to poetry? Why not come along to our Poetry Group on the third Thursday of each month at 2pm.

Do you need help with accessing the internet or sending emails? Our volunteers can help you. Come along to one of our sessions for beginners (please contact the library to book a place).

Storytime for the under 5s takes place every Wednesday and Friday at 10am during term time. Stories, singing and the chance to socialise with other parents. These sessions are very popular so get there early!

Northwood Library, Oaklands Gate, Northwood, HA6 3AB
Tel: 01895 558262

Email: northwood-library@hilligdon.gov.uk

Web: <http://hilligdon.gov.uk/libraries>

Twitter: [www.twitter.com/Hill_libraries](https://twitter.com/Hill_libraries)

Facebook: www.facebook.com/HillingdonLibraries

Opening hours:

Monday, Wednesday, Thursday, Friday 9am-6pm,

Tuesday 9am-7pm, Saturday 9am-4pm.

Janet Clements

Northwood College

On 11th March, Northwood College for Girls was delighted to welcome English field hockey player and Olympic Gold and Bronze medal winner, Kate Richardson-Walsh OBE OLY, into school to officially open their new pool.

As part of the school's ongoing investment programme, the £1.8m renovation project featured installation of a new roof, ceiling, lighting, diving blocks and a motorised pool cover. The poolside and the pool tank have been re-tiled and the pool plant has been replaced with state of the art boilers, pumps, air handling unit and filters.


Kate enjoyed a busy day packed with speeches and training sessions for the students. Head, Mrs Zara Hubble, said: "We are incredibly grateful to Kate for officially opening our new pool. The girls are thrilled with their new facilities and will be enjoying swimming lessons, swimming galas, synchronised swimming, water-polo and aqua aerobics. We embrace sport at Northwood College. Working hard to consistently stretch and challenge our girls, we always aim to motivate and support them to be the best they possibly can."

The school currently offers over 70 extra-curricular clubs per week with sport featuring heavily in the programme. A, B and C teams participate regularly in local league fixtures for swimming, aquathlon, badminton, netball, hockey, football, cross country and athletics.

At the end of her visit, Kate concluded: "I had so much fun today - great to meet so many amazing staff and pupils who are so invested in getting the very best out of each other."

Zara Hubble
Head | Northwood College for Girls
Address: Maxwell Road | Northwood | HA6 2YE
Tel: 01923 825 446 headmistress@nwc.gdst.net
www.northwoodcollege.gdst.net





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More of Jean's memories

Just after the war, before the NHS was born, we children were sent up to Mount Vernon Hospital (MVH) to have our adenoids and tonsils removed. It was 1947 and such a cold winter. All of us children were lined up in beds in Upper West Ward, trapped by the snow drifts, cut off from Northwood. My Mother was a Red Cross nurse both at MVH and the Cottage Hospital in the Pinner Road.

As children growing up in Northwood there was a wonderful sense of freedom, helping out at home, and earning that pocket money, was it a shilling or even sixpence, I cannot remember. And we had the countryside to explore riding our bikes to the woods and running and playing games through the trees, quite safely without grown-ups telling us to be quiet.



Training for Red Cross Nurses at MVH c.1968.
The 'patient' is Police Sgt McFarlane

The shops in Northwood were flourishing, green-grocers, butchers, a mini supermarket at Cullens, Boyes where you could buy curtains, carpets, knitting wools and everything for sewing. Reliance Hardware where you could buy one nail and a hammer to go with it!

Jean McFarlane

If you recognise anyone in the photo, do let us know. Editor

To advertise in the NRA newsletter, please contact the advertising manager:
ads@northwoodresidents.co.uk

Dene Dental Practice

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1 Jonathans, 2 Dene Road,
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1st Northwood New Scouting Centre

When I read what I wrote back in February, I realised how much progress we have made since then. The new Scouting Centre is now fully usable, but not quite finished. In fact, in the second week of June the first Cub meeting was held in the new building. The flooring is laid throughout, the kitchen and toilets are fully fitted and operational, the landscaping is finished and most of the painting is done. All that remains now is to do some bits of painting, build the steps for the emergency exit, and fit skirting boards, architraves and windowsills; and maybe one or two other details!

We demolished the old hut in the first week of June last year, **straight after Jumble Sale and we held this year's Jumble Sale in the new building on May 25th**. It has been a long and sometimes difficult project but we are delighted with the outcome, and wish to thank all the many companies and individuals who have supported us throughout. We intend to hold an official opening ceremony in **September**.
..... and, yes, all 38 bikes in the photo did sell!



To see more pictures of the progress of the work, or to make a donation, please visit our website at:

<https://www.1stnorthwoodscouts.org.uk/>

Richard Plume

Scouting Centre Project Manager

At Northwood Town Cricket Club, we are aware that our profile and existence is not known to many local residents, but we are attempting to change this. The club is located on the border between Northwood and Northwood Hills at Northwood Recreation Ground (Rec) and accessed via Chestnut Avenue or Highland Road.

Senior cricket has been played at the Rec since 1937, firstly through Northwood Hills Cricket Club and then since 1986 with Northwood Town Cricket Club, following the amalgamation of Northwood Hills and Central Northwood cricket clubs.

The cricket club shares the relatively new pavilion building in the park with Northwood Football Club, our facilities being located on the first floor of the building affording excellent views of the cricket being played from the balcony and roof terrace.

The club currently fields three senior cricket teams with matches played predominately in various divisions of the Saracens Hertfordshire League on Saturday afternoons. Throughout the season we also compete in a mid-week 20/20 League and play occasional Sunday matches.

We are always on the look out for new senior players between the ages of 16 and 65 and would welcome anyone wishing to play, especially for the 2019 season.

In addition to the senior cricket side we have in recent years resurrected our Colts (ie aged 5+) section and through some very inspired management from various club members this has been extremely successful. We have seen a steady growth in members in recent years with sessions having been run each week throughout the summer and off-season winter training as well. The Club has been involved proactively with the well-publicised All Stars cricket program (years 5-8) and because of a year-on-year increase in numbers, the Club won a trip to Lords in August 2018 for the children to watch England play India.



If the idea of playing cricket at an extremely friendly local club attracts you then these are the people to contact:

Seniors: Akshay Loomba, Club Captain, Tel 07877 526 217

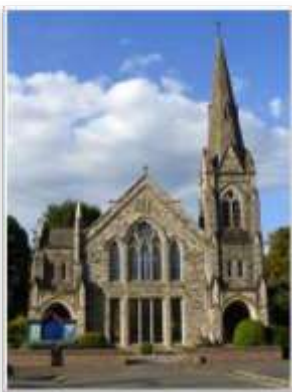
Colts: Jack Daly, Tel 07792 864 329, jackdaly92@msn.com

Follow us on Twitter: @NorthwoodTownCC,

Facebook: @northwoodtowncc

Instagram: @northwoodtowncc

or email us at northwoodtown@gmail.com



Northwood Methodist Church

As always we welcome everyone to our Sunday morning services at 10.30am. An inclusive Holy Communion service is normally held on the 2nd Sunday of the month. We have an "all age" form of worship, suitable for all the family from the youngest to the oldest on the Sunday immediately following "Messy Church" or "Family film" events.

AUTUMN DATES

Saturday September 28th, 5pm, Messy Church when children aged from 2 to 11 years old, accompanied by an adult, can enjoy a craft session and a short service followed by a meal.

Sunday September 30th, "All age" Harvest Festival

Saturday October 12th, 6pm, Quiz Supper in the main hall. Tickets: £15 per person including a two course meal, please

notify any special dietary requirements in advance. Please bring your own non-alcoholic drinks and glasses. Teams of 8 people. Raffle. Tickets can be purchased from Oasis coffee bar staff, Wednesday to Saturday, 10am to 12noon or from Shirley Askew by email asq28@icloud.com

Free parking in Green Lane car park.

Sunday October 27th, 4pm, "In Loving Memory" service

Saturday November 2nd, 3pm, Family Film, suitable for children of all ages and adults.

Discovery Groups. Our next course studying "Abraham" will start in September. For more information please contact the minister.

For hiring of premises please contact the church office.

Oaklands Gate, Northwood HA6 3AA

Tel: 01923 840633

Email: nmc@totalise.co.uk

www.northwoodmethodistchurch.org

Minister: Rev. Andrew Pottage

Tel: 01923 821024

andrew.pottage@methodist.org.uk

For potential new members, we now allow guests one visit to a monthly meeting as a taster to see for themselves what goes on. If they feel that they wish to join, Trish Hooper, our Membership Secretary will be on hand with all details. Speakers have come and gone, some excellent but all, hopefully, provoke debate at some level. In August we will be hearing about Frank Sinatra and The Mafia. I wonder if it will be accompanied by some music. Let's hope so.

NEW GROUPS. We have a new Sewing for Fun Group, a second Badminton, Crochet and Duplicate Bridge Groups. Also, just imagine, a *third* Current Affairs Group. **Let's hope that this group can sort Brexit out as the other two groups have failed to do so!**

Our New Members' Tea was held in March and proved to be a runaway success. 80 were expected and around 120 turned

up. That's the power of free tea and cakes! Our committee organises this event every year and actually wait at tables. We continue to feel very lucky in having those among us who dedicate their time and energy to make our organisation so welcoming and constantly working to improve the structure for our benefit.

Our Guided Walks Programme is full of amazing places to be explored around London. In July there are two dates for Belgravia; in August there will be a repeat visit to Camden and **also one to Farringdon. In September it's off to Spitalfields** and then to Albertopolis - a reminder of how much we owe to the Great Exhibition and its legacy.

Is there anything here to tempt you? For full details of our activities, please visit our website.

u3asites.org.uk/northwood

Maureen Crimmins



NORTHWOOD FOOTBALL CLUB

With players and management enjoying a hard-earned rest there is still plenty going on behind the scenes during the summer at Northwood FC.

The club recently celebrated the outstanding contribution made by one family to the development of the club over many **decades with the naming of the "Byrne Stand"** (see photo). The club is looking to install new seating in the stand and make a variety of improvements over the summer including new entrance gates, a new turnstile block, replacement security fencing and a new covering for the pitch perimeter walkway. To this end, the club has submitted a bid to the Football Stadium Improvement Fund (FSIF).

While the FSIF may fund up to 70% of the cost of the work, the club now has to raise the other 30% itself, which will be a total of around £30,000. Some of it has already been pledged by kind donations from Club Committee members but we would be very grateful for donations from any supporters past and present, former players and anyone from the wider community who wishes to support this vital local asset.

The work is planned to be carried out in June and July so we do need to raise these funds fairly quickly. Anybody who



Photo: James Brown

makes a donation and gives their name will be listed as a valued contributor to the project on a roll of honour inside the ground.

The club has launched a GoFundMe appeal; please go to <http://bit.ly/2Pvse5c> to donate. We really do appreciate your help and support!

You can keep updated with all things Northwood F.C. by following us on Twitter @northwoodfc, @northwoodyouth1, on Facebook or at www.northwoodfc.com Email: enquiries@northwoodfc.com

Northwood Craft Market & Plant Stall

VENUE: Methodist Church Hall, Oaklands Gate, Northwood HA6 3AA

TIME: 10am-2pm **FREE ADMISSION**

DATE: Saturdays 6th July, 3rd Aug, 7th Sept, 5th Oct



We have been pleased to welcome several new crafters to the Market over the past few months. Their crafts have included **children's books, painted silk scarves, artwork, fabric gifts, pebble art, soaps and artificial flowers.** We look forward to seeing them again at the Market in future months, alongside all our regular stallholders.

The Plant Stall continues to be very popular with a wide variety of home-grown cuttings and seedlings. For children there are **hands-on crafts to make something to take home and don't forget you can always take a break and enjoy tea, coffee and delicious homemade cakes, scones, etc in the church coffee shop.**

For more information, take a look at our website: www.northwoodcraftmarket.co.uk
Like us on Facebook: Follow us on Twitter @CraftNorthwood
Email: northwoodcraftmarket@hotmail.co.uk
Telephone Susan on 07780 601842

SQUARES R US

We'd love to meet you when we'll be putting our knitting needles together and socialising with a purpose

Our aim is to knit happy squares, creating happy blankets for the **homeless, dogs' homes and animal sanctuaries**. The more squares we knit, the more blankets we'll make! Refreshments will be available for you to enjoy whilst you knit, meet old friends, make new ones and talk about whatever brings a smile to your face.

Knitting yarn and knitting needles are provided but if you have your own supply, please bring them along. Should you know anyone who may have a surplus they would like to donate, we will be most grateful.

Looking forward to seeing you....

On Tuesdays, 2.30pm to 3.30pm in **'The Well' at St John's United Reformed Church**, Hallowell Road
On Wednesdays, 10.30am to 11.30am in the **'Oasis Lounge' at Northwood Methodist Church**, Oaklands Gate

Enquiries: Tel: 01923 829166

Members, this is your newsletter!

I am always eager to receive comments, articles and suggestions for topics that you would like us to cover. **There's no harm in sending me your ideas, however whacky - I can always use my "editor's decision is final" powers!**

Do get in touch.

editor@northwoodresidents.co.uk

Ros Plume



Radio Mount Vernon celebrates!

A special celebration took place at Radio Mount Vernon on Sunday 24th February. We had a visit from June Snowdon, President of the Hospital Broadcasting Association, who came to give our radio station a long service award for 50 years of broadcasting.

June said, *'This is a great opportunity to congratulate everyone involved with Radio Mount Vernon on their dedication and hard work. Many thanks for all you do for your hospital community.'*

Christine Haines and Martin Hill each received a special certificate celebrating 25 years of presenting live shows from **our studio at Mount Vernon**. **Martin remembers,** *'The old studios were so very cold in winter and leaked badly on rainy days.'* **The studios are now located in the 'village' part of the Mount Vernon site**, in rooms prepared by dedicated volunteers, who designed the current studio, library and Training Room.



Other volunteers received certificates for 5, 15, 20 years and more of service.

If you would be interested in visiting the wards to collect **patients' requests or in presenting live broadcasts or requests**, please contact radiomountvernon.org.uk for more information. We need more volunteers as we spread our services into the whole of Mount Vernon Hospital.

21 Years of Northwood Live at Home Scheme

By the time you read this we will have celebrated 21 years of supporting local older residents at our June AGM. The Scheme was founded to reduce isolation in older people still living independently but maybe not able to get out as they **used to**. **Our motto of "bringing quality to later life" is fulfilled by enabling older people in the community (our members) to socialise and enjoy life through a variety of regular activities.** These include good quality healthy meals, seated exercise and yoga classes, friendship groups, intergenerational meet & mingle, a games session and singing for health.



Members keeping young at Ruislip Lido

In addition there are numerous outings throughout the year, which are always very popular. In March, accompanied by three staff and a volunteer, 18 members enjoyed a five day holiday in Eastbourne, enabling many who cannot normally get away to benefit from a welcome change of scene. This seaside holiday has become a much appreciated annual event.

Membership is free but a small charge is made towards the cost of activities, all of which are subsidised. Where possible transport is provided free of charge for those with mobility issues. We are grateful to Northwood Lions Club and **Northwood Residents' Association for their help with transport costs.**

Comments received from new members and their families: **"My mother is a new person since joining you"** and **"becoming a member is the best thing I've done this year."**

New members and volunteers are always very welcome.

To find out more about us and to get involved, please contact the office: Tel: 01923 842494
Email: Northwood.LiveatHome@mha.org.uk
www.mha.org.uk/community-support/live-home/northwood

Jo Wild, Retiring Chairman

As I come to the end of my 8-year Headship of St Helen's I have been reflecting on the school's place in the Northwood community.

St Helen's is proud to be celebrating its 120th birthday this year. The school moved to the site of School House on Eastbury Road in 1902 and, at that stage, offered day and boarding education to some 40 girls. Since then, it has changed enormously and evolved into one of the three largest girls' day independent schools in the country, with more than 1100 pupils (aged from 3 to 18) which draws families from across a wide area, as well as from Northwood. Young women today enter the employment market with the full expectation that they will have successful professional lives, on an equal footing with young men.

We are so fortunate to have our feet very firmly planted in the Northwood community and we endeavour to contribute to the well-being of that community in as many ways as we can. We support local charities including care homes; we run a fortnightly Phab Club; our students volunteer in local charity shops, and we are developing strong links with local primary schools and the NATO Base. We seek ways of opening our facilities to all our neighbours whether through the Sports Centre, the holiday camps for children, or theatre groups and commit all the income raised through such enterprises to support bursaries enabling girls whose families would not be

able to afford our fees, to come to us to benefit from our education.

We enjoy a privileged position at the heart of Northwood and its local economy and with that comes responsibilities. Key to these is the preservation and promotion of our environment whether that be by constructing green buildings (our new buildings incorporate advanced energy saving technology using 130 solar panels); encouraging walking and public transport to school by 'Walk to School Wednesday'; by developing our STARS travel plan (which we hope will soon be awarded a Gold Star) and by ensuring that we develop new initiatives which contribute to our Eco School Green Flag which we have proudly held since 2010.

I am grateful for this opportunity to thank you and the community of Northwood for your continuing support of the school.

Dr Mary Short, Head, St Helen's School,
Eastbury Road, Northwood, Middlesex, HA6 3AS
Tel: 01923 843210
enquiries@sthelens.london



Northwood Lions Club

2019 continues to be a busy year for Northwood Lions Club.



Olive with the then Mayor & Mayoress of Hillingdon at the Lions Den

Later in the summer, we will have stalls at Uxbridge Auto Show in July, Eastcote Cricket Club in August and Pinner Village Show in September, where we not only sell books, DVDs, plants and soft toys, but also enjoy meeting the public and explaining what Lions Clubs do - which is to provide services to the local community, and to raise money and then give it away to local good causes!

In April, we had the first of our twice-yearly cheque presentations, where we give about £12,000, shared amongst six local charities. The beneficiaries this time were Northwood Live at Home Scheme, Harefield Hospital, Mayor of Hillingdon's Charitable Trust, RAFT, New Hope and Coppermill Care Home.

We give away around £25,000 a year to our chosen charities and have done for the past ten years. This latest event was attended by the then Mayor & Mayoress of Hillingdon, John and Fiona Morgan.

As always, our main fund-raising activity is the Saturday Market (the 'Lions Den') - held every Saturday morning, 9.45 till 11.45, at 195 Pinner Road, Northwood HA6 1DB (near the Iron Bridge), where we raise the vast bulk of our funds. The Market, run by Olive Fairclough and her dedicated band of volunteers, sells a huge variety of goods, as well as tea, coffee and homemade cakes - one visit and you'll be hooked!

To donate goods or for membership enquiries, we can be contacted via Facebook, or call Robert on 07860 324395
Visit: www.northwoodlions.org.uk

Robert Green



I hope you enjoyed the remembrance poppies flowering on the corner of Eastbury Road and Rowland Place. The seed was sown by the council last year to mark the centenary of the end of WWI.

Editor



Congratulations to our neighbours in Northwood Hills Residents' Association on being awarded The Queen's Award for Voluntary Service. This is the highest award that can be made to a voluntary group. Winning groups are announced on 2nd June each year, the anniversary of Queen Elizabeth II's coronation.





Do you provide unpaid support to a family or friend who can't manage without you due to their illness, disability or medical condition? If so you are a carer.

Many people are Carers and don't even realise! They feel they are doing what anyone else would do in their situation and "just get on with it".

Carers come from all walks of life, different cultures and can be of any age. It's not something they choose to do, it just happens. But it's not easy. Home life can get on top of you, cause stresses and strains and make you feel isolated. Sometimes a chat, whether with one person or in a group, can help. Other times going to an activity or workshop can be a tonic.

At Hillingdon Carers we offer the Chat and provide the Tonic. We recognise everyone's situation is different. We invite carers to attend our monthly Carers' Cafés, one in

Northwood at Emmanuel Church and one in Ruislip Manor or the Dementia Café in Northwood Hills. They can also participate in our Training, Wellbeing and Arts Programmes which offer an opportunity to take a break, enjoy trying something new, have some "me-time" and learn how to make things easier for themselves. Plus our Information and Advice Team help Carers with benefit advice, form filling and accessing local services.

If you would like to talk to someone at Hillingdon Carers and access our Cafés, services and programmes, please call us on 01895 811206.



The Art for Carers day was popular

Harrow Choral Society Spans the Centuries Variety is the keynote of Harrow Choral Society's summer concert this year; music of different periods, styles and moods is on offer within a mixture of accompanied and a capella works. The programme spans six centuries of choral composition, from William Byrd in the fifteen hundreds to Arvo Pärt. Purcell, Haydn, Mendelssohn, Bach and Britten are among the contributors from the intervening centuries.



Date: Saturday 6th July
Venue: **St Alban's Church, North Harrow**
Tickets: through the website or the HCS Box
Office: telephone 020 8863 7830 or email boxoffice@harrowchoral.org.uk

We perform three main concerts a year with our Music Director Simon Williams and with professional orchestras and soloists in prestigious venues.

Anyone wishing to join either Harrow Choral Society or Singing for Starters is welcome to come to **St Alban's Church Hall**, Norwood Drive, North Harrow HA2 7PF on Monday evenings at 7.45 pm. Visit www.harrowchoral.org.uk Membership Secretary Jill Mans: Tel 020 8248 7625 Email: membership@harrowchoral.org.uk Membership is free for full-time students.

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News from St John's URC, Hallowell Road

CHILDREN'S CIRCUS WORKSHOP, 5th to 8th August 2019

We are pleased to support the return of this fun holiday project for Children aged 6 to 14.

Children can make new friends whilst they learn ground circus skills which they will perform at an amazing showcase for family and friends. Book now at www.andcircus.co.uk

MUSIC

Join us every third Tuesday of the month at 10.30am to enjoy tea or coffee and chat followed by a free half hour concert at 11.30am. The forthcoming line up is:

- 20 August: Richard Hurley - Jazz Group
- 17 September: John Dyson - Piano
- 15 October: Peter Allanson - Baritone

ART & DRAMA

Following their successes earlier this year both the Art 4 All Exhibition and Drama Showcase will return this October. Please visit our events page for full details nearer the time.

Everyone is welcome to drop-in on the following, no need to join:

- Poetry Appreciation – first Monday of the month, 2pm-3.30pm
- Sew & Sew – every Tuesday afternoon, 1pm-3pm
- Squares R Us – every Tuesday afternoon, 2.30pm-3.30pm
- Art 4 All – first and third Wednesday of the month, 9.30am-11.00am
- Reading Group – 5 July, 16 Aug, 27 Sep, 8 Nov, 2.15pm and 3.30pm



For further information about any of the above:

Telephone: 01923 829166

Website: www.urnorthwood.org

Email Anne: thesamsonsed@outlook.com
or stjohnsnorthwood@btconnect.com



SOUTH OXHEY CHOIR of BBC TV fame

South Oxhey Choir is performing on Saturday 13th July, 2019 at St John's Church, Sutton Road, Watford, WD17 2QQ at 7pm with Guest Choir "Accord

Community Choir". I'm pleased to say we have added a number of new songs to our repertoire and look forward to seeing you there.

For more details call Ann Cox on 07852 369 935

Email: southoxheychoirs@gmail.com

<https://sochoirs.wordpress.com/>



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www.babysensory.com/north-harrow/

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Art and Craft Activity Club

Mother toddler club
Ages 1-4yrs

After-school club
Ages 5-11 yrs

• St. Luke's Pinner Parish Hall
Pinner (Term-time and holidays)

• Northwood Methodist Church
Northwood (Term-time and holidays)



Contact: Keshma
keshma.artzania@gmail.com
07419343105
www.artzania.co.uk

"Free the child's potential and you
will transform him into the world"
Maria Montessori



Orchard House Health

50 The Drive Northwood, HA6 1HP

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Orchard House Health is an osteopathic and natural wellness clinic established in Northwood in 2015 and incorporating The Osteopathic Clinic established in 1995.

Tom Hewetson BSc. (Hons) Osteopathic Medicine. MSc. Sports injuries and therapy. F.O.S.C.A. (Fellow of the Osteopathic Sports Care Association) is a specialist in the treatment of sports related conditions. Tom says; *"My clinical interests have altered as I get older. I am still interested in treating sports people but find myself leaning towards helping others as they get older, help them relieve those aching joints and sore muscles".*

Nick Aston M.Ost DO ND Dip LSSM (London School of Sports Massage) is an osteopath and sports and remedial massage therapist specializing in treatment of sports injuries. Nick graduated from the London School of Sports massage in 2003 and from The British College of Osteopathic Medicine in 2015. He has experience working with Northwood Football Club and working with WSL premier league players. He also has extensive experience in treating patients in their older age. Nick is a keen musician and would welcome more opportunities to treat conditions associated with the performing arts.

Don't suffer needlessly, book now! To book an appointment call us on 01923 845333

Both Nick and Tom are senior lecturers at the British College of Osteopathic Medicine. For more information on Nick and Tom and what we do, please visit www.ohhclinic.com or www.osteopathnorthwood.org

Advertisorial

The Arts Society Moor Park - Forthcoming talks, open to all

Wednesday 4 September 2019 "Extreme Personalities – Does Knowledge of an Artist's Personality affect how we perceive their Work?" by Stella Lyons.

When we see Van Gogh's work, we often look for signs of his tortured mind. But how much should we let the personality of the artist affect our reading of their work? This talk looks at works by particularly 'eccentric' artists and those on the other side of the coin, who had particularly 'conservative' personalities.

Wednesday 16 October "Mad Men and Artists - How the Advertising Industry exploited Fine Art "

by Tony Rawlins.

Tony Rawlins' fine art has provided advertisers with much material for their creative campaigns. Tony describes some of the processes by which these advertisements have been created and why the works of Leonardo da Vinci, Raphael and Michelangelo have been a particularly rich source.



Venue: Winston Churchill Theatre, Ruislip, HA4 7QL at 10:50am; complimentary coffee/tea available from 10:15am; Free car parking available

Cost: donation on the door of £8.00 each is invited; Contact via the website: www.moorparkdfas.com
The Society also organises Evening Lectures and Days of Special Interest at Moor Park Mansion

Northwood & District Community Association

I have just finished a lovely walk with the Sunday Rambling group around Sarratt and Chorleywood, some areas, surprisingly, I **have not seen before. This group really needs some new members. We walk no more than seven miles, sometimes it's a figure** -of-eight route with pub snack, or a circular one with a packed lunch, or a local National Trust property with gardens and café. This is a friendly group so why not give it a try? Rambles are on the first Sunday of each month.

Other groups that would welcome more members are Whist, Bridge and Board Games, held twice a month. Again, enjoyable company with friendly competitive attitudes, nothing too serious though.

There are other sections: Table Tennis, Yoga, Keep Fit, Tennis, Short Mat Bowls - something for every day of the month.

Interested?
Contact me on 01923 836346

Pat Dunhill

Want to know what's on in Northwood?

Just head to the NRA website:

www.northwoodresidents.co.uk



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