

We hope this guide will encourage Northwood residents to get out and discover the unique mix of open spaces our special location has to offer, from small man-made parks to large natural woodlands. We have many places where you can just relax or take walks in beautiful natural surroundings. At the entrances to most of the areas in this guide there will be a notice board with a more detailed map.



1 **Frithwood Park**
This small park, hidden from the road, is accessed from the north via Bayhurst Drive and Kings Close. It has grass areas, some mature trees and a good range of equipment for children to play on.



2 **The Gravel Pits**
A mainly wooded area once used as a Victorian gravel pit with a tarmac path through the middle. There is an open grassy area and a picnic table. For the slightly more adventurous, there is a marked nature trail through the trees which will only take about ten minutes to walk.



Oxhey Woods
This medium-sized area of mixed woodland with large rhododendron bushes is just off Oxhey Drive South. Many firm paths to choose from with the added interest of a variety of wooden sculptures along the way. A circular walk can take about 45mins.

3



4 **Moor Park Golf Club**
Just past the Green Man Pub turn right into Park Close then on a bend take the narrow public footpath between two houses. This soon opens up directly onto the golf course where you can follow the path markers across the fairways giving you a beautiful view of the 17th century Palladian Club House. Dogs must be on a lead.



Bishops Wood
The paths in this mixed wood of deciduous trees and conifers have recently been re-graveled so are good in wet weather. There is a small loop path near the car park for those who don't want to go too far and another longer one taking about 45mins with occasional benches along the way.

5





MAP NOT TO SCALE



6 **The Hogs Back**
Surrounded by houses, this is an oasis of wild nature on a small hill. There are some open grass areas and small copses of natural woodland.



Ruislip Woods

This is the largest area of woodland in Greater London. It comprises four different woods linked together with a multitude of footpaths: Copse Wood, Park Wood, Mad Bess Wood and to the west, Bayhurst Wood. Copse Wood has the added bonus of a large area of open grassland known as Poor's Field where cows graze openly in summer. There is a public footpath from Northwood across Northwood Golf Course to the Lido. A more detailed map of paths can be found online at: www.alltrails.com/trail/england/london/ruislip-and-ruislip-woods



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8 **Ruislip Lido**
The Victorians flooded an old village to create a reservoir to top up the Grand Union Canal; now it's a lovely natural-looking lake. There is a beach with a children's water feature, café and new Woodland Centre as well as a pub near the car park. You can walk round the Lido on a hard footpath in about half an hour or take the miniature steam railway. There are public WC's on site.



Recreation Ground

You can access this via Chestnut Avenue where you will find a large area of flat grassland, outdoor gym and a fenced children's playground. There is also a Bowls club, Tennis courts, Cricket club and Northwood football stadium.

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Designed and compiled by Miles Gillman. Produced by the Northwood Residents' Association. For more information and how to join visit www.northwoodresidents.co.uk. Also visit www.ruislipwoodstrust.org.uk Printed 2020

A short guide to Northwood's Open Spaces and Woods



Produced by the
**Northwood
Residents' Association**

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