



Northwood

Residents' Association

www.northwoodresidents.co.uk

Newsletter 182, Autumn 2022



Pavements reported

**Never a dull moment for the
NRA committee!**



Pensioner adopted



Pop-ups sorted

Uneven Pavements
Page 10

Remembrance
Sunday
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Focus on High Street
Pages 12 & 13

Our Chelsea
Pensioner
& Jubilee Tree
Page 16

Business News

In this newsletter you will find a focus on High Street, Old Northwood. (Pages 12 & 13).

I often go to this area where you can find retailers, specialist services, offices, health and beauty and commercial businesses. There is such a diverse and interesting selection of useful local enterprises. Some are tucked away down the side alleys. If you are not aware of the amazing and varied traders it's time to take a stroll down the High Street and around the corner into Pinner Road.

It's great to see new businesses opening in the town centre!

We welcome new member **Bubbles** which opened its doors on 20th September, receiving a very warm welcome from the community. Neha, the owner, said it started as "An idea dreamt up by my 12-year-old daughter that has become a welcoming, fun café for all ages, serving delicious bubble teas and hot drinks, including fair trade coffee. Bubble waffles are coming soon."

Cofix café has taken the old HSBC premises and serves a variety of casual food and drinks. The owner Fariboz is most welcoming and we wish him and his team good luck.

Vogue Kitchens has also recently opened its doors in Green Lane, although the shop front has been there for a while. Saran (Creative Director) and Jo Johal (Managing Director), look forward to meeting you and establishing themselves in Northwood, where they already have a number of customers.

Meera's Xpress has been open a few months now providing pure vegetarian food made fresh daily and developed as a fast food concept that maintains its freshness. See their webpage on our website for more information, menus and how to order online.

One of our newest members is **John Ashmele FGPT** a Fellow of the Guild of Professional Toastmasters and Graduate of the Professional Toastmasters' Academy. We welcome members from all industries and of any size.

A belated welcome to **Mondial Cars** a family run business with over 20 years experience in the motor trade, offering a wide range of quality used cars on Rickmansworth Road.

Homeworking Business membership. Small businesses and one-person enterprises often start or operate from home. We welcome any business or self-employed members.

Let's hear from you. We always ask for feedback from our readers regarding the local retailers, restaurants and other facilities but usually get no reactions. Does this mean they are doing a great job of serving our local community? All your comments will of course stay confidential.

A list of Business members of the NRA can be found on our website: www.northwoodresidents.co.uk under the Business Members tab. Each is listed and has a one-click link directly to their website where one exists.

I have also been speaking with our local councillors about the increase in parking charges that came into effect recently. It is clear this is not helpful to local businesses and shoppers. We have made this point clearly and strongly. What will happen depends on Hillingdon Council and the pressure that can be applied by all of us, our councillors and our local MP.

business@northwoodresidents.co.uk

Philip Green



NRA Membership

As usual, I am indebted to our small army of Road Stewards (RS) and their co-ordinating Area Road Stewards (ARS) who distribute our newsletter three times a year, and collect annual subs.

A GREAT RESPONSE. Following my plea earlier this year, I had offers from 11 members to become RSs – eight were selected for their geographic locations and have been hard at work – the other three are in reserve but will be called on to help next year!

Since long-time ARS Hilda Greenfield retired for health reasons early last year, I had been covering her group of RSs – I am pleased to announce that Richard Shave has now agreed to take over, following in the footsteps of his late father Ian who was an ARS for many years.

PAY SUBS ONLINE. An increasing number of members have used the facility to pay their sub on-line directly into the NRA bank account, as we slowly move away from cash, but the

envelope system remains popular either returned preferably via your RS or to Sharmans / Carter chemists if that is more convenient.

Obviously £5, £10, £20 notes as voluntary subs paid this way are very much appreciated and easily then paid into the bank. But if you are paying with coins, please don't be like one member whose £2 sub consisted of 4x 5p, 4x 20p and 2x 50p coins, as these all have to be kept to be bagged up separately by denomination before being acceptable to the bank in exact £5, £10 or £20 lots!



chiefroadsteward@northwoodresidents.co.uk
or pifbarker@me.com
Tel: 01923 821036

Paul I. F. Barker
Chief Road Steward and Data Protection Officer

Members, this is your newsletter!

I am always eager to receive comments, articles and suggestions for topics that you would like us to cover. The next issue will be published in March with copy deadline mid February.

editor@northwoodresidents.co.uk

Ros Plume

All views and opinions expressed in this newsletter are those of the individual contributors.

From the Chairman

INTRODUCTION

How the world has changed since I last wrote! The tragic death of our beloved Queen Elizabeth II, the new King Charles, the ongoing war in the Ukraine, a new Prime Minister and financial turmoil at home and worldwide. Hardly a day goes by when the BBC does not do its best to depress the Nation.

Looking out of my study window I can see a blaze of autumn colour radiating in the autumn sunshine. At least the seasons are constant!

POLICING

I mentioned in our last newsletter that all was not well with local policing. I met with David Simmonds MP recently and explained our concerns which are common to all neighbouring residents' associations. David mentioned that he had met with the new Met Commissioner, Sir Mark Rowley, and had been told that the improvement in local policing will become a number one priority. I will keep pressuring David until we see marked improvements.

BROKEN PAVEMENTS

In his article on Page 10 Andrew Egan discusses the terrible state of some of our pavements in Northwood. Recently my wife tripped over a broken slab in Moor Park Road. I raised the issue with an officer at the council who stated that the pavements had been inspected in Moor Park Road and found not to be a problem. Not satisfied with the response, I asked Cllr Higgins to walk around Moor Park and Kewferry Roads with me which he did. He agreed that the pavements were in a terrible state, took photographs and submitted them to the appropriate officer. The response he got was that there are far worse pavements in Hillingdon, funds were limited and nothing could be done. This is not the response I would expect from the council that professes to put its residents first. Please let me have your views.

BUSINESSES AND NEW PARKING FEES

We've yet to establish whether Northwood businesses are losing income following the recent increase in parking fees. I do have anecdotal evidence that Hertfordshire residents are now shopping in Rickmansworth where the first hour is free and subsequent time much cheaper. I did raise the subject with David Simmonds who promised to raise the subject with the Council Leader.

MEMBERSHIP AND MEMBERSHIP SECRETARY

Our membership remains more or less constant but where we are missing out is in the large number of new blocks of flats where we don't have Road Stewards. If you live in one of these blocks, or know of someone who does, please be a missionary and spread the NRA gospel.

If you have new neighbours do encourage them to join.

Following the retirement of the current incumbent we are in need of a Membership Secretary to maintain our database and enter subscriptions received. If any member has spare time to take on this vital role, I'd love to hear from you. Limited IT expertise is needed and we will provide a computer if necessary. Most weeks it will take less than two hours.

OUR HOSPITALS

A note about the progress of a replacement for the Mount Vernon Cancer Centre can be found on Page 11. Remedial work to the old buildings has commenced.

The Hillingdon Hospitals NHS Foundation Trust is under constant pressure. As in all hospitals in England, admissions to A&E are now at winter levels and numbers are in excess of the capacity the hospitals were built for. However, waiting times for planned surgery are slowly decreasing at Hillingdon. Remember if you have a minor injury, you can use the Nurse-led Urgent Care Service at Mount Vernon. Ring 01923 844263 for an appointment. Plans are progressing for the new build.

CONCLUSION

May I make my usual plea at this time of year when the weather is inclement and the nights drawing in? Please drive safely, speeding does not necessarily get you there sooner, and make sure that your elderly neighbours are safe and well.

My thanks to all Road Stewards, Committee Members, Councillors, MP and the council workers who provide such good service.



Tony Ellis
chairman@northwoodresidents.co.uk
Tel: 01923 821237

From the Treasurer

As we approach the end of our financial year which runs with the calendar year, I would like to remind the Road Stewards that they should be finalising their own accounts. If you haven't already done so, please submit your membership list to Paul Barker together with any subs you are holding.

Members, if you wish, you can pay your subs online.

NRA bank account details:

Northwood Residents Association, HSBC BANK PLC
Sort Code 40-35-08 A/c No. 30614971

- please use your postal address as the reference - the only way we can track subs!

Our financial accounts are healthy and though we need to keep sufficient in reserve for unforeseen events, we can still afford to fund local projects for the benefit of the community. If you are involved with a local group that could make good use of a donation, please get in touch. Recently, the NRA made a donation to the MHA Northwood Live at Home Scheme which enabled them to take a group of members on a canal outing.

Over the years, we have funded more tangible items such as town centre benches and the clock which stands proudly on the corner of Maxwell Road and Green Lane. What else can we help with?

Rashmi Chauhan
treasurer@northwoodresidents.co.uk

Traffic and Highways

Northwood Traffic Study

Rickmansworth Road/Green Lane/Maxwell Road

History:-

The original site visit took place on **13th March 2017** with Bob Castelijns, LBH (since retired), Tony Ellis and Peter Lansdown. This was to identify the scope of the project.

The draft report, officially named the Northwood Area, Traffic Study, Technical Note, dated **July 2018**, was received by Northwood Residents Association at the end of **November 2018**.

Since then there has been an exchange of emails with Cabinet members Cllr. Keith Burrows and Cllr. John Riley, with no progress. Now the responsible Cabinet member is Cllr. Jonathan Bianco.

I understand that Transport for London (TfL) is responsible for all work in connection with traffic lights and associated equipment. It seems that LBH depends on TfL for funding of all other work on the borough's roads with the possible exception of minor safety projects. At present TfL is short of financial resources. Hence no progress for the foreseeable future.

STILL NO ACTION.

RICKMANSWORTH ROAD

In addition to the above, serious traffic congestion is happening more often on this road between the Ducks Hill Road junction and Maxwell Road, at times causing major

disruption in the surrounding area. This is usually caused by thoughtless parking, meaning that heavy vehicles, buses, etc. are unable to pass each other. This problem may be solved by more double yellow lines, but an unwanted result of this may be increased traffic speeds on the clearer road, which could mean that the Green Lane junction becomes more dangerous for all users.

What do you think? It would be interesting to have your thoughts/comments.

HS2

We are fortunate in Northwood not to have been much affected by the development of the HS2 line. Earlier this year several heavy loads involved with the construction of the Tunnel Boring

Machines (TBMs) were transported along Ducks Hill Road, the heavier ones at night, with some street furniture removed (now replaced).

The first TBM, named Sushila, was successfully launched at West Ruislip on Thursday, 6th October 2022. It is now heading east on a 24/7 schedule for the next two years, aiming for Greenford. The second TBM, named Caroline, will begin on a parallel route soon.

If you wish to receive regular updates, search "HS2 update notification", then click "HS2 – Join Mailing List".

traffichighways@northwoodresidents.co.uk

Peter Lansdown

Planning Matters

There have been 74 planning applications since the last Newsletter and, out of those, I submitted objections or comments on 21 of them, on planning grounds directed at the adverse impact on the neighbours or others affected. The majority of applications continue to be for extensions to existing properties although applications have also been submitted for a full rebuild, and for small blocks of flats.

Dealing with planning applications that affect them is something that is a one-off for most people, and I'm happy to help guide through the process any neighbours who are concerned about a planning application close by. It remains the case that, once approved, neighbours cannot appeal except on a point of process, which is very limited indeed. Therefore, all applications that might affect you, should be studied and dealt with preferably within the timescale referred to on the London Borough of Hillingdon (LBH) planning portal.

Search for a Planning Application

LBH does notify neighbours of planning applications, but anyone can search for a planning application using the following link:

<https://planning.hillingdon.gov.uk/OcellaWeb/planningSearch>

Just enter the first part of the address in the 'Location' box, Search, and 'View' the documents.

Where you are adversely affected you can submit an objection on the LBH Planning portal. This is very easy to do by using the search link above, viewing the documents, and then going back to the first page and entering the objection by pressing the 'Enter Comment' box.

A petition gives you the right to speak!

If you want to present your case personally to the Planning Committee then you will need to produce a petition with a minimum of 20 signatures of any residents living within the London Borough of Hillingdon who are 18 or over. That will entitle you to speak at the committee meeting for up to five minutes, and it's live on YouTube.

We'll keep you informed

When a major planning application that affects Northwood is submitted, eg development of Station Approach or the former Police Station, we post the relevant information on the NRA website. In addition, all members who have registered their email address with us will receive an email alert.

planning@northwoodresidents.co.uk

Trevor Sherling

A Message From Our MP, David Simmonds

Since our previous newsletter, events in the political world have progressed, with the appointment of a new Prime Minister and Government. Cost-of-living worries continue to drive much of the correspondence I receive, and it is vital that we acknowledge the widespread concern about the challenges that our community, and the wider world face over the coming months.

Residents can be assured that I recognise worries and anxieties about this issue, and so I welcome announcements made by the Chancellor in the Government's Growth Plan; a proposal of ambitious measures designed to release the potential in the British economy, back businesses and, vitally, put more money in peoples' pockets, particularly those in lower income households, through stimulus measures, tax cuts and the energy package.

We are starting to see a reduction in wholesale prices for gas and electricity, and a fall in oil prices, which is a step towards lifting the burden many are carrying as a result of the cost-of-living crisis. Already residents are noticing a reduction in fuel costs at the petrol pumps, which I hope will continue to fall. The fall in wholesale energy costs is reducing the likely cost to taxpayers of supporting households and business with energy prices and will feed through into lower bills in the medium term.

I also appreciate that residents in Northwood, and other areas of the constituency, continue to have concerns about crime, particularly catalytic converter thefts, burglaries and drug dealing. Along with Conservative colleagues representing constituencies across London and Greater London, I recently met with the new Metropolitan Police Commissioner, Sir Mark Rowley. We had a useful discussion about

residents' concerns, as well as policing priorities for our constituencies. It is early days for him, but he is keen to build a better policing service in our suburbs where we have seen the erosion of standards in recent years.

While the 'criminal landscape' differs between London constituencies, there was a clear message that areas within the London suburbs such as ours, and the type of crimes that take place here, do require more attention. I have been assured that there is a renewed sense of commitment to tackle all crime in all areas of the capital and the Commissioner's statements since our meeting suggests he is taking these issues seriously.

Lastly, I am continuing to hold surgeries (by appointment) across the constituency. Residents who would like to speak with me should contact my office on 0203 545 2462.

To contact Northwood MP, David Simmonds CBE:

Email: david.simmonds.mp@parliament.uk

Post: House of Commons, Westminster, London, SW1A 0AA

Constituency: 10 Village Way, Pinner, HA5 5AF

Tel: 0203 545 2462

You can follow his work on the website:

www.davidsimmonds.org.uk

and on Twitter: @DSimmonds_RNP

or Facebook: DavidSimmondsMP

You've met the MP, now meet the lady who manages the 'brains behind the outfit'

I'm Rosie, David's Chief of Staff, splitting my time between the constituency and Westminster office. I may have corresponded with some of you previously. David usually refers to his staff as 'the brains behind the outfit' and my particular role involves ensuring everything is running smoothly and efficiently (I will let you be the judge of whether I am achieving that). This broadly includes overall office management, such as overseeing staff contracts, pay, the office budget and reimbursement claims, diary management and organising meetings both in Westminster and with local stakeholders, of which I am the main point of contact, from Resident Association Chairs to school visits. I also lead on arranging local 'roundtables', for example with education leads, hospitality business owners, healthcare providers and local clergy, which are really important for helping David to gauge local opinion on government policy, particularly over the lockdown period.

I also ensure residents are kept up to date with David's activities by regularly updating both his website and Facebook page, writing articles for various local publications, clipping and subtitling videos of David in the constituency and Westminster which are then shared on social media, as well as coordinating the quarterly newsletter (which you can sign up for on the website if you have not done so already). I am also responsible for David's Christmas Card Competition, now in its third year, where we invite school children across the constituency to create a design that will be printed and used as David's Christmas card.

In terms of my contact with constituents, I manage ad hoc areas of what I refer to as 'topical' casework (things, for example, like the vaccine rollout) and correspond on the more 'topical' issues that are not necessarily related to usual policy (there has been quite a lot of this lately – Brexit, lockdowns and leadership) and organise constituent tours of Parliament. I also work on certain local campaigns, which we split between the team, including the Northwood Development and maintaining access to the Pinn Medical Centre.

I hope that has given a bit of an insight into my day-to-day role!

Rosie Giddings



Rosie with David on the campaign trail

Local Policing from the NRA Police Liaison Officer

Northwood Residents' Association and the Northwood Police Ward Panel (NPWP) work hand-in-hand to maintain Northwood's status as a low crime area.

And, with your help, we can be even more successful. Your NPWP is actively recruiting for a new secretary and more residents and businesses to join them. We hold quarterly meetings with the local Safer Neighbourhood Team (SNT) and at least one councillor. Don't keep your safety concerns to yourself – share them with us!

We aim to represent all communities, businesses, groups and individuals in an equal partnership with your NPWP, Hillingdon Council and the Police. We set and identify local priorities for the ward and aim to uphold equal opportunities and foster good relations amongst all members of the community. You want to be part of this!

IF YOU DON'T REPORT IT, IT WON'T BE SORTED. Some of you report thefts and anti-social behaviour on Nextdoor.com. This is a good way to spread the news enabling us all to be on the alert. However, such crimes should be reported in the usual way first. That is to call 999 for current emergencies and 101 for all others.

Your Neighbourhood Watch is a vital part of your fight against crime. Check out the Hillingdon Neighbourhood Watch (HNW) article by Dave Ludlow in this issue. Do YOU know who your HNW representative is? You have a whole dedicated team of volunteers around to keep you safe. Join us!

police@northwoodresidents.co.uk

Tel: 01923 828085

Hoda Lacey
Chairman of Northwood Police Ward Panel
NRA Police Liaison



METROPOLITAN
POLICE

From Northwood SNT

There have been a few changes in the Northwood Safer Neighbourhood Team recently. Firstly, as it stands your team consists of PC Max Christmas, PCSO John Usher and the team sergeant is PS Gareth Blackburn, who has joined us recently. Inspector Lipinski remains the SNT inspector for Hillingdon. As you may be aware we have also had several probationary officers with us for periods of around six months. After this time they are rotated into other strands of policing such as the Emergency Response Teams. Currently we have one such officer, PC Craft, who should be with us until early next year.

I'm sure all of you will be able to appreciate the unprecedented time we are currently policing. With the state funeral, alongside abstractions for officers on Neighbourhoods to increase Emergency Response Team numbers, as well as operational commitments to work at protests and other events it has become increasingly challenging to have a constant presence in the area. With this in mind though the team has done its best to ensure they are still contactable and seen within the community. PCSO Usher has continued to staff the community events such as the Drop-in Surgeries at Costa Coffee/Waitrose, and the Crime Prevention Stalls that are primarily held by the War Memorial on Green Lane. As we move towards what we hope is a slightly more settled time we can assure you as residents that we will provide the best level of service we can within the circumstances.

NORTHWOOD'S CURRENT ISSUES. In regard to local issues, we continue to receive complaints of speeding across the ward. PC Christmas is trained to use the laser directed speed cameras, and whenever possible the team can be found conducting their own local operations to educate drivers and prevent or detect offences. We are also aware of several thefts from Boots the Chemist that seem to be linked. These offences have been reported and are being looked at by the reporting officers. There are also two males that regularly steal from the charity shops on Green Lane. Please be vigilant and aware of your surroundings when shopping. Overall the crime figures for key offences such as burglary are lower than this period last year. If you would like to learn more please visit the Metropolitan Police website for up to date crime figures.

Northwood itself remains one of the safest areas of Hillingdon and your local team will

The Team members are:

Sgt Gareth Blackburn

PC Max Christmas and PCSO John Usher.

The Neighbourhoods Inspector is Insp Daniel Lipinski

Northwood Ward Team can be contacted on

Telephone: 020 8721 2545

Email: Northwood.snt@met.police.uk

Twitter: @MPSNorthwood

Website: www.met.police.uk/your-area/

Address: Ruislip Police Station, The Oaks, HA4 7LF



Exploring the NRA Website

Have you discovered the **Contact Us** tab?

Click the tab itself to reveal various committee contact details. Click on the drop-down arrow to see options to **Join the NRA** or for **Useful Contacts**. Clicking on **Useful Contacts** gives an accordion-style menu for **Local Council, Libraries, Health, Local Democracy, Police and Transport**

www.northwoodresidents.co.uk

Hillingdon Neighbourhood Watch



I begin this report by referring to the sad death of Lynette Bridger as reported in Issue 181, who for many years was Secretary of the Hillingdon Neighbourhood Watch Steering Group. Lynette gave freely of her time to manage our coordinators and to run an efficient office, and her dedication to

the task must not go without note. She will be remembered by us all on the committee.

BOUNDARY CHANGES CREATE MORE WORK! As you will be aware, Ward boundary changes have come into effect and we are busy working on the OWL (Online Watch Link) communications system to deal with all of the changes that this brings, with a large number of Watches needing to be flagged under the new Ward name. In terms of Neighbourhood Watch membership numbers under the "old" Ward names, Northwood is ranked 9th of the 22 old Wards, with 760 out of a total of 5,240 potential households being registered on OWL to receive messages from the Police and Neighbourhood Watch.

One thing that readers of this article could help to achieve between now and Christmas is to increase the number of

people receiving messages, so that collectively we can help the Police to prevent and detect crime. You can do this by joining Neighbourhood Watch, and you can register at www.owl.co.uk which is secure and free. When joining you can also indicate to the Police whether you have a CCTV System, so that if a crime occurs near you they can contact you and ask whether you would consider searching your system for evidence.



If you are already registered on OWL then of course you will hopefully know the benefits – so please undertake to sign up at least one new member and help to move your Ward – Northwood – up the scale to be in the top five across Hillingdon!

Your continued support of the Police and Hillingdon Neighbourhood Watch is very much appreciated. If you need to contact the team you can email us at hillingtonnhw@gmail.com

Dave Ludlow
Acting Chairman,
Hillingdon Neighbourhood Watch

Nuisance Neighbours, Loud Music in Unsocial Hours and Drug Dealing

If you are suffering from excessive noise caused by neighbours or from unpleasant activity in public places, you need to call in the Anti-Social Behaviour Team from Hillingdon Council. The ASBO Team can be called on **01895 250111** during these hours:
Thursdays 8pm to 3am, Fridays 9pm to 3am,
Saturdays 5pm to 3am, and on Sundays 7pm to 1am.



At all other times regular residential nuisance activity should be reported on-line via the council website www.hillingdon.gov.uk/article/5158/Loud-neighbours where a process of how best to report a problem is clearly shown. You can also report via telephone, **01895 556000** but we suggest reporting the activity on-line will achieve a better result.

Don't suffer nuisance activity or noise – just report it!

environment@northwoodresidents.co.uk

Andrew Egan

Use up your Old Postage Stamps - before 31st January 2023

You may have noticed that new 'regular' stamps have a barcode at the right hand side. By 'regular', Royal Mail means those stamps that have a profile of Her Late Majesty The Queen (shortly to be replaced by that of King Charles) on a plain coloured background.

If you have regular stamps without a barcode, you have until 31st January 2023 to use them, or you can 'Swap them out'. You can download a 'Stamp Swap Out' form from the Royal Mail website, complete the form and send it together with your non-barcode regular stamps to Freepost SWAP OUT. You will receive barcoded stamps in exchange.

Please note swap out forms are not available at Post Offices.

Non-barcode Christmas stamps and Special stamps (i.e. pictorial stamps issued to commemorate anniversaries and events) continue to be valid for postage and do not need to be swapped out.

Examples of stamps you can Swap Out



Examples of stamps you don't need to Swap Out



Website: www.royalmail.com/sending/barcoded-stamps

To have a Stamp Swap Out form posted to you, call 03457 740740

Healthwatch Hillingdon is the local health and social care champion for the entire borough. We are a statutory service commissioned by local councils as part of the Health and Social Care Act 2012. Our job is to make sure NHS leaders and other decision makers hear your voice and use patient, carer and community feedback to make improvements where necessary. We can also signpost people to find reliable and trustworthy information and advice.

If you or a loved one has used GPs, hospitals, dentists, pharmacies, care homes or other support services in the Hillingdon area, we want to hear about your experiences. As an independent statutory body, we have the power to make sure NHS leaders and other decision makers listen to local feedback and improve standards of care.

Healthwatch Hillingdon is part of a network of over 150 local Healthwatches across the country. We're here to listen to the issues that really matter to people in Hillingdon and to hear about your experiences of using local health and social care services. We're entirely independent and impartial, and anything you share with us is confidential. Healthwatch uses your feedback to understand the challenges facing the NHS and other care providers and we make sure your experiences improve health and care for everyone – locally and nationally. In addition to our Board of Trustees and Administrative staff, we also have our Young Healthwatch who look after the interests of younger people and represent their needs and views as well as a large team of committed volunteers.

It's really important that you share your experiences – whether good or bad. If you've had a negative experience, it's easy to think there's no point, and that 'nothing ever changes'. Remember, your feedback is helping to improve people's lives. If you're ready to tell your story or you need help getting information or advice – we're here to listen.

Website: healthwatchhillington.org.uk
Tel: 01895 272 997
Email: office@healthwatchhillington.org.uk
Healthwatch Hillingdon
20 Chequers Square
Uxbridge
UB8 1LN

*Lynn Hill
Chairman, Hillingdon Healthwatch*

Health Matters

PATIENT CARE EXPECTED TO IMPROVE – Quicker Appointments and Procedures.

The four acute NHS Trusts in North West London have formed a collaborative with a Chairman and Board in Common.

The move will strengthen collaborative decision-making and help the organisations make the most effective use of their collective resources to provide better care, for more people, more fairly. This will prove particularly important as the whole NHS seeks to tackle longer waiting times for planned care and increasing pressure on urgent and emergency services.

All four trusts have recently been able to eliminate waits of more than two years by sharing capacity and **offering patients the chance to have surgery sooner at a neighbouring hospital.**

The agreement is a milestone in the four trusts' plans to work more closely together in a formal structure known as an acute collaborative.

The four acute hospital trusts in North West London are:

- The Hillingdon Hospitals NHS Foundation Trust: Hillingdon Hospital, Mount Vernon Hospital
- Chelsea and Westminster Hospital NHS Foundation Trust: Chelsea and Westminster Hospital, West Middlesex Hospital
- Imperial College Healthcare NHS Trust: Charing Cross Hospital, Hammersmith Hospital, Queen Charlotte's and Chelsea Hospital, St Mary's Hospital, Western Eye Hospital
- London North West University Healthcare NHS Trust: Central Middlesex Hospital, Ealing Hospital, Northwick Park Hospital

SELF-REFERRAL FOR BOOKING INTO MATERNITY

SERVICES. It is now possible for ladies to self refer directly Online for the provision of Maternity Services from Hillingdon Hospital. They are able to provide all their details Online prior

to being seen for the first Antenatal Appointment.

Link: www.thh.nhs.uk/services/women_babies/

POLIO VACCINATIONS

Children aged 1 to 9 years old are being offered a dose of polio vaccine. For some children this may be an extra dose on top of their routine vaccinations. In other children it may bring them up to date with their routine vaccinations. There are signs the virus may be spreading in London and the number of children vaccinated in London is lower than it should be.

If a child is eligible for an extra dose, his or her GP will contact their parents to ask to book an appointment for the vaccine. For Hillingdon residents, the Vaccination Centre is **Stockley Park: Unit 3, The Arena, Business Centre, Uxbridge UB11 1AA**

VACCINATION HUB open at Hillingdon Hospital

The Trust opened its Covid-19 booster vaccination service in the Vaccine Hub - located on the old Alderbourne Ward, in the gym, at Hillingdon Hospital. It is open seven days a week 8am-4pm. Please keep an eye on the Hillingdon Hospitals NHS Foundation Trust social media for further information.

HOSPITALS ARE CURRENTLY QUITE BUSY

Our hospitals are getting extremely busy. Patients face a long wait in Emergency Department at Hillingdon Hospital if their condition is not urgent.

Instead get help straight away from

- NHS 111
- Urgent Care Service at Mount Vernon Hospital - 01923 844263 to book appointment.
- Your GP or
- Local pharmacy can also help

Keep A&E for life-threatening emergencies.

health@northwoodresidents.co.uk

Dr Amir Lakha

From Councillor Henry Higgins

The last six months has been a mixture of emotions, from celebrating the Queen's Platinum Jubilee in Northwood Recreation Ground to the sad death of Her Majesty.

Personally, getting to know the residents and local groups in my capacity as a councillor has been a great honour.

Firstly, I would like to thank everyone at the Northwood Resident's Association for welcoming me and helping me to understand the local issues. I have been invited and been able to attend many events in Northwood, from engagements on Green Lane together with the NRA and the police, to the opening of the new stand at Northwood Football Club in memory of Pat Byrne.

I know many of you support your Northwood Library, however as all businesses need support post covid, please visit the library, you will be amazed what is on offer.



Northwood's councillors enjoy Jubilee in the Park



Cllr Higgins and David Simmonds MP declare the Pat Byrne Stand open at Northwood Football Club

Northwoodcouncillors hold regular surgeries

on the fourth Saturday of every month
(except December)
at Northwood Library in Oaklands Gate HA6 3AA
from 10.30am to 11.30am.

Elected councillors for Northwood ward are:

Richard Lewis and Henry Higgins.

Tel: 01895 250316 - Civic Centre office (9am - 5.30pm weekdays)

Email: rlewis@hillingdon.gov.uk
hhiggins@hillingdon.gov.uk



Michael Sobell Hospice and Charity

Bhavini Pandya is an Occupational Therapy and Physiotherapy Assistant at the Michael Sobell Hospice in Northwood. She has worked in the hospice's Rehab Team for almost eight years, supporting local people who are facing advancing illness. She says,

"I love my work. We take a very holistic and individualised approach to care and support. It's all about empowering the patient and keeping them as independent as possible. We work *with* our patients rather than doing things *for* them.

"My role is varied but centres around keeping patients safe, maintaining their strength, supporting with pain relief and falls management, and, if things change, providing alternative ways of being mobile. As part of occupational therapy, we look at people's daily activities. If those change due to illness, we look to make things easier for them where they struggle. This extends into the community when they're discharged.

"We also do a lot of psychological work, looking at boundaries and barriers and trying to resolve those. We help build people's confidence back up when they start to struggle doing things that they loved doing previously.

"Physiotherapy and occupational therapy enhance people's lives. I'm very lucky to be able to do it."



For more information visit:
www.michaelsobellhospice.org
or call the Fundraising Team on 020 3909 0446

Uneven and Dangerous Pavements

Much of Northwood has good pavements with property owners attending to the part of their property that borders pavements and pedestrian rights of way. However, in some streets

pavements have become a hazard. Irrespective of whether a pavement has a tarmac surface or if it is created from concrete slabs, if tree roots disturb the ground below the pavement, or if heavy vehicles go over a pavement, cracking and uneven surfaces can result.

Once a paving slab is disturbed at least one side of that slab may become proud of the rest of the surrounding surface. If repairs to pavements are poorly executed an old and a new surface may have a height difference and therefore become not level. From time-to-time pavements may require re-levelling.

Take a look at this picture



A pedestrian has just tripped over a protruding edge of a paving slab outside Cofix in Green Lane just along from the Post Office.



In the next example a cracked slab has a heavily protruding corner and this is near the entrance to St Johns Court in Murray Road. It represents an accident waiting to happen!

Uneven or damaged paving is hazardous whether you are young or old but it is even more serious for the partially sighted or blind people and to those who have difficulty with their mobility.

MAKE OUR PAVEMENTS SAFER

Do you have a damaged, uneven or poorly maintained pavement near your home in Northwood? If so, here are actions you can take:

- 1) Report it to your council via their website, include the location and digital image www.hillingdon.gov.uk/report and click on "Pavement Damage & Obstruction"
- 2) Send an email to Councillor Henry Higgins with the location and digital image HHiggins@hillington.gov.uk
- 3) Send a letter to your council with a subject heading "Damaged Pavement", and include the exact location plus a picture of the pavement issue. The address is: Hillingdon Council Civic Centre High Street Uxbridge UB8 1UW

Always include your address and where possible your email address and phone number, then remember to ask for a response within seven days. Should your action not gain attention in a reasonable timescale, then by all means contact the NRA to seek our assistance.

environment@northwoodresidents.co.uk

Andrew Egan

Radio Mount Vernon

Throughout the Covid months, Radio Mount Vernon continued to broadcast to the patients in the wards at Mount Vernon Hospital using Myriad, a computer system that uses our chosen music to create relaxation and distraction, along with Sky news on the hour.

During this time, we fitted an aerial so that we now broadcast to all areas of the hospital and to anyone tuning to **frequency 95.1** within about a mile of the hospital. We can also be heard on our website www.radiomountvernon.org.uk.

Now that Covid seems to be under control, we are back broadcasting live several times a week. Our presenters play songs from yesteryear, often with a theme or a story or two along the way. All this happens in our on-site studio, and it's here that our ward visitors meet before going to Daniels, Trinity and Wards 10 and 11 on the site. On the wards the

visitors chat to patients a little before noting down their choice of music or a song, to be played a little later. Back in our music library, the requests are found on Myriad, CD's, vinyl or sometimes using Spotify. Presenters then put these together to make a great show for everyone to hear.



Find out more about what we do and how YOU could be involved by visiting our website www.radiomountvernon.org.uk

We need some new presenters, ready to be fully trained by one of our team. If this idea appeals to you, please email: pr@radiomountvernon.org.uk



Remembrance Sunday Parade

The parade will take place at Northwood War Memorial on Sunday 13th November 2022 from 10.30am

The service itself will start at 10.50am with the two minute silence at 11am.

Please refer to the NRA website and notice boards for any updates to the arrangements.



NORTHWOOD CHORAL SOCIETY

13
NOVEMBER
FAURÉ
REQUIEM
8PM



Our annual performance of Fauré on Remembrance Sunday will be at St John's URC, Hallowell Road. Visit our website for details and tickets:

www.northwoodchoralsociety.com

Two Minutes Silence

We are all familiar with the two minutes silence observed at Remembrance services in November, but have you ever wondered whose idea it was in the first place? Well, its concept is attributed, in part, to one Edward George Honey, an Australian journalist who served briefly with an English Regiment during WWI before being discharged due to ill health.

Honey published a letter in the London Evening News on 8 May 1919 in which he appealed for a five minute silence to be observed during the celebrations of the first anniversary of the end of WWI. No official action was taken at the time, but in October 1919, Sir Percy Fitzpatrick's suggestion for a period of silence on Armistice Day was forwarded to the King's private secretary.

Perhaps Sir Percy was prompted by Honey's letter; we don't know. But King George V was moved by the idea and he, together with both Sir Percy and Honey, attended a rehearsal for a five minute silence involving the Grenadier Guards at Buckingham Palace. However, five minutes proved too long and the two minutes silence was decided upon.

Edward Honey died of consumption, aged 36 at Mount Vernon Hospital. His grave is in Northwood Cemetery in Chestnut Avenue.



Mount Vernon Cancer Centre Review

NHS commissioners are continuing to work on proposals to relocate Mount Vernon Cancer Centre to the Watford General Hospital site in order to secure the future of specialised cancer services in the area, as well as maintaining services until a new cancer centre can be built.

Another review of alternative options has taken place in recent months, and members of the programme board and members of the patient reference group have reaffirmed that the re-location to Watford with some enhanced services in local areas, is the best option for current and future cancer patients within the Mount Vernon Cancer Centre population.

There is widespread agreement that major changes are needed, but identifying how the change can be funded is still proving a challenge. Discussions with national finance colleagues have been constructive, and further work is taking place over the next month to identify if, how and when capital finance could be made available.

Once the funding picture becomes clearer, there will be more opportunities for patients, carers and local people to get involved in developing the plans. Background information is available at www.mvccreview.nhs.uk

Jessamy Kinghorn
Head of Partnerships and Engagement
NHS England and Improvement – East of England

Focus on Old Northwood High Street

High Street, Northwood is full of small independent businesses offering professional customer-focussed service, some are tucked away down alleyways behind the shops. It's a short stroll from Green Lane with parking available close to the shops and is on the 282 and H11 bus routes.

High Street offers a wide range of cafés and restaurants catering for varied tastes, barbers, hairdressers, laundry facilities, convenience stores, a chemist, a phone repair service, you can even have a tattoo! Explore further around the corner into Pinner Road where you can get your bike fixed or buy a new one, grab a coffee, get your or your dog's hair washed and so much more.

Northwood's High Street is rare in its diversity, but don't take our word for it - come see for yourself!



LET US MAKE YOUR DAY WITH A FRESH HOT COFFEE!



We are just around the corner from you, so please do take a few minutes to pop down for a quick snack, breakfast or lunch with a hot or cold drink, whatever you wish.

Thank you to all our valued customers!

"Hundreds of Flavours Under One Roof"

"Food Here Will Make You Say Wow, TASTY!"

130a Pinner Road
Northwood
HA6 1BP

Arun: 01923 940992

Opening Times:

Monday - Saturday: 7am-6pm

Sunday: Closed



Eighty Hair has been in Northwood's Old High Street since 2007.

We have a wonderful team who are passionate about their work. We use Keune which is a vegan-friendly range

of hair products alongside Wella for all colouring services.

In January this year we refurbished our salon after being closed during the pandemic. We also had a great day supporting The Stroke Association, we like to support a different charity each year with various fun events.

Call us on: 01923 822 181

Visit our website: www.eightyhair.co.uk

Instagram: @eightyhairltd

80 High Street

Northwood

HA6 1BJ



Wyld Thyme Eatery can be found at 58 High Street HA6 1BL

We make freshly baked pastries and cakes every day, as well as our Savoury Brunch menu, sandwiches, and specials. All our products are made fresh and on site.



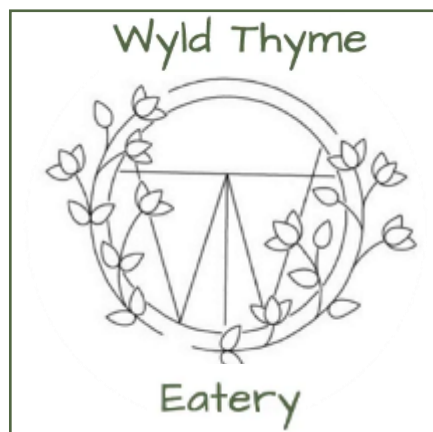
Look out for our Thursday Supper Clubs and upcoming seasonal events on our Instagram and Facebook, pop in or give us a call.

 [wyld_thyme_eatery](https://www.instagram.com/wyld_thyme_eatery)

Email: Wyld_thyme@outlook.com

Web: www.wyldthymeeatery.co.uk

Tel: 07743 336 519





www.sallywags.co.uk
 01923 828 422
 @sallywagsdog
 122-124 Pinner Road
 Northwood
 Middlesex
 HA6 1BP

In a world where healthier living and balanced diets for humans have become all the rage, it seems contradictory that so many dogs are having a daily dose of low-grade meals full of fillers.

At **Sallywags**, we stock an assortment of fresh foods such as raw meats, bones, veg and metabolism-friendly minerals. Many informed vets and breeders share our view that cooking foods break down all the important proteins and amino acids in raw meat, dramatically reducing its nutritional benefits and can lead to countless long-term health issues.



Northwood Cars - your local car dealer at
 136 Pinner Road, by the Iron Bridge

I would like to take this opportunity to thank all my valued customers who have supported me over 44 years at Northwood Cars. Specialising in low mileage cars with service history gives me the satisfaction of knowing that you the customer will have a reliable car with all the mileage and ownership history checks carried out.

Start here and you may not need to look elsewhere. *John*

www.northwood-cars.co.uk

NORTHWOOD CARS
 THE LOW MILEAGE CAR CENTRE
 FOR AUTOMATICS & MANUALS

ESTABLISHED SINCE 1930

Tel: 01923 823291 136 Pinner Road



Here at Board of Ironing, we have been helping our customers with their ironing, laundry and dry cleaning for almost 30 years.

We always offer a friendly, reliable and affordable, great quality service. Many of our customers have been using us for 10-20 years and we have great reviews.

Please give us a call to arrange a collection of your items.

Board of Ironing
 PROFESSIONAL IRONING & DRY CLEANING SERVICE

28 High Street, Northwood, Middx. HA6 1BN
 Tel: 0800 0281470

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 we are more than a phone shop**

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 46 High Street, Northwood, HA6 1BL

MORE THAN A PHONE SHOP



ACTIVITIES 4YOU

St John's United Reformed Church
Hallowell Road

Art 4 Fun

This group has been producing some super artwork at St John's. Led by local artist, Lucy Lardner, the group members draw, paint, discuss different artists and look at how they can use their techniques in their own work. Sessions are very informal and suitable for anyone who'd like to develop their artistic skills including complete beginners.

1st & 3rd Wednesday of the month, 10.30am-12.30pm, £5



Music

Every 3rd Tuesday of the month. Tea/coffee at 10.30am followed by a **free** half hour concert at 11.30am.

15th November - John Dyson - Piano

20th December - St John Singers - Christmas Music

SQUARE R US

Tuesday afternoons, 2pm - 4pm. This friendly group knit squares to make 'happy blankets' for those they are supporting.

CREATIVE WRITING GROUP ON ZOOM

First and third Tuesday of the month, 2.00pm – 4.00pm, **free**. Sessions encourage and develop the enjoyment of writing providing support and incentive even if you are new to writing.

LAUGHTER YOGA AND RELAXATION ON ZOOM, **free**

Beginning with breathwork and stretches, participants are guided to reclaim and activate their own laughter followed by relaxation. 9.30am Wednesdays



For further information please contact the church office:

Telephone: 01923 829166

email: stjohnsnorthwood@btconnect.com



ROCK UP FRIDAYS

On the first Friday of the month children in years 3-6 are invited to our new kids' club at Emmanuel Church between 5:45pm-6:45pm. Come along for crafts, games, various sports activities, and a fun Friday evening with other children from the neighbourhood!

Have a look online to sign up: www.ecn.org.uk/kids

BABIES AND TODDLERS

On Thursday mornings during term time all babies and toddlers are invited to our toddler group with their parents/carers/nannies. There are toys and crafts for the little ones and a chance to meet with others over a hot drink. There is also an opportunity for everyone to listen to a story and sing together. Doors open at 10am and there is a £2 donation at the door for those who are able. Have a look online for more information: www.ecn.org.uk/kids

**Emmanuel Church, High Street,
Northwood HA6 1AS**

Web: www.ecn.org.uk

Tele: 01923 845200

email: ecnooffice@ecn.org.uk

St Matthew's RC Church is situated in Hallowell Road close to Northwood Underground station and town centre. Our church hall has been extensively refurbished and is health and safety compliant. London Borough of Hillingdon uses the main hall as a polling station. The self-contained upstairs rooms are available for hire for meetings, private tuition, music lessons (*large upstairs room has a piano*), etc. and the large main hall is available for parties, receptions and other events. The church has a large car-park which surrounds the hall. There is wheelchair access to the downstairs halls.

32 Hallowell Road
Northwood HA6 1DW
Tel: 01923 840736
Website: www.stmatthewsnorthwood.org
Email: northwoodph@rcdow.org.uk
Parish Administrator: Siobhan Hogg,
siobhanhogg@rcdow.org.uk



Northwood Methodist Church

NORTHWOOD METHODIST CHURCH in Oaklands Gate near the library is a welcoming church. We have a service each Sunday at 10.30am that includes Holy Communion once a month. On November 27th we are having a less formal act of worship known as "café worship".

Christmas is coming - here are plans for the festive season.

On Saturday December 10th at 4pm is our Christmas Messy Church suitable for children aged between 2 and 11 with an adult for a time of crafts, a short service and a meal.

The following day, Sunday December 11th at 3pm all are invited to a community Carol service followed by refreshments.

On Christmas Eve at 4pm there's a chance to come and choose a favourite carol to sing.

Our service on Christmas morning is at 10am. Everyone is very welcome at any or all these events.

In the New Year on Saturday January 28th at 2.30pm we will be showing a film suitable for all the family with a refreshment interval. The following day at 9.15 will be our next Breakfast Praise, a chance to sing familiar and new hymns followed by a light breakfast with "all age" worship at 10.30am.

On Saturday February 25th at 4pm is our first Messy Church of 2023 followed the next day by Breakfast Praise and all age worship.

We are planning on opening a "warm space" once a week during the winter - further details in due course.

2023 is the centenary year of the opening of our current church and we have lots of events planned to take place throughout the year. More details in the next newsletter.

For further details about any of the services or events please contact our minister. For hire of church premises please contact the church office.

We wish everyone a very happy and blessed Christmas and peaceful, healthy 2023!



Oaklands Gate, Northwood HA6 3AA

Tel: 01923 840633

Email: nmc@totalise.co.uk

www.northwoodmethodistchurch.org

Minister: Rev. Andrew Pottage

Tel: 01923 821034

andrew.pottage@methodist.org.uk



Bereavement Care at Holy Trinity

Drop-in coffee morning

Open between 10.00 and 12.00 hrs every 3rd Tuesday:
15 November and 20 December

Come and share your experiences of loss and grief. Be heard and understood in a relaxed and supportive environment with others who've experienced the same.

Blue Christmas – Sunday 11 December, 6pm

Not feeling so festive? You are not alone. A beautiful, reflective service in church and online, offering solidarity and hope to all who find the Christmas season difficult.



Christmas at Holy Trinity

Christingle Service - Sunday 4 December, 10am

All age service supporting the Children's Society

Christmas Encounter - Sunday 11 December, 11.30am

A joyful celebration of Christmas worship led by the Encounter band.

Costa Carols - Thursday 15 December, 6pm

Carol singing outside Costa Coffee, Green Lane, together with NRA.

Carol Service by Candlelight - Sunday 18 December, 6pm

Service of traditional carols and readings, lead by HTN Choir.

Messy Christmas - Tuesday 20 December, 10.30am

Fun, crafts and singing for primary school age children.

Children's Nativity - Saturday 24 December, 4pm

A special children's nativity with well-known carols.

Midnight Holy Communion - Saturday 24 December, 11pm

Traditional, atmospheric service.

Traditional Holy Communion - Christmas Day, 8am

A quiet beginning to Christmas Day.

Parish Eucharist for Christmas - Christmas Day, 10am

An all age celebration for Christmas morning, including communion.

For more information visit www.htnorthwood.co.uk

Holy Trinity Church, Gateway Close,

Northwood HA6 2RP

Tel: 01923 822990

The Queen's Green Canopy Tree of Trees



PHOTO: Queen's Green Canopy

Did you see the Queen's Green Canopy 'Tree of Trees' outside Buckingham Palace during Her Late Majesty The Queen's Platinum Jubilee celebrations? It was designed by Thomas Heatherwick and stood 70ft high. The steel branches held 350 trees in specially designed aluminium pots embossed with the Queen's cypher.

The trees are being gifted evenly across the UK in proportion to the population, with each county receiving at least one tree. The Lord Lieutenants of each county, who are the sovereign's representatives, have been championing the QGC locally and have selected the recipients of the special trees and pot.

We are proud to announce that Northwood and Northwood Hills Residents' Associations were chosen to receive one of these trees in recognition of their work in the community, in particular by organising Jubilee in the Park.



Andrew, Alan, Tony at Royal Chelsea Hospital

... and our own tree is presented

On a bright, sunny morning in October, Andrew Riley, Chairman of Northwood Hills RA, Alan Shipman, Vice chairman of NHRA, and I braved the rush hour traffic in order to get to the Royal Chelsea Hospital for the formal presentation of the trees that were part of the "Tree of Trees" built for the Jubilee celebration.

The Royal Chelsea Hospital is an oasis of calm near the Chelsea Embankment. The ceremony took place in front of the main building. We were one of the 18 organisations in London to receive a tree from Sir Kenneth Olisa OBE, who is the Lord Lieutenant of London. Each of the groups was adopted by a Chelsea Pensioner - we had a very interesting time talking to our Pensioner who was a blunt 92-year-old

Yorkshireman by the name of Peter Fulllove.

After the ceremony we were served coffee in one of the magnificent function rooms which had many pictures of the Royals from the time of King Charles II.

The tree, a maple, was delivered the next day and is now being cared for at the council's nursery ready to be planted at the Chestnut Avenue recreation ground in due course.

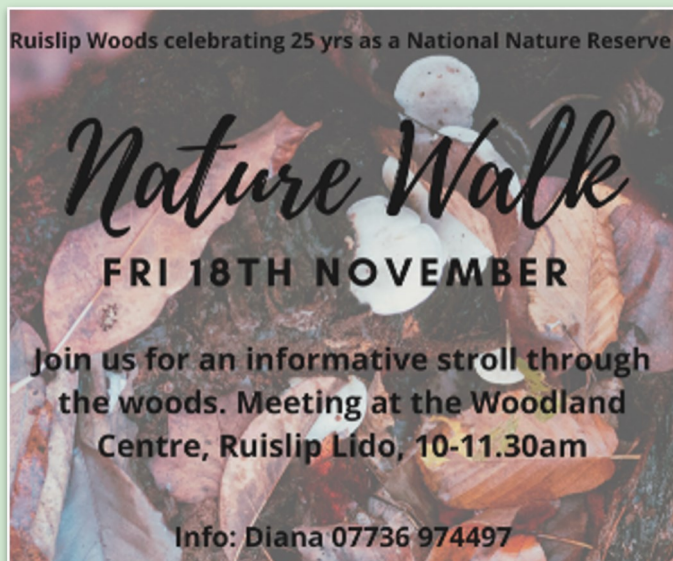


Specially designed pot with the Queen's cypher

Tony Ellis
Chairman NRA

Ruislip Woods News

Lucy Lardner and her team partner have been commissioned by LBH's Open Spaces department to open the Woodland Centre two days a week. With their interest in nature and experience in crafting, they run sessions mainly for groups of children to help them appreciate the woods. They will also give advice to anyone who drops by to view the woodland exhibits. It is hoped they will expand their sessions in the future.



woods@northwoodresidents.co.uk

Miles Gillman



News From Eastbury Horticultural Society

During the summer we had three day trips during which we visited Nymans, Sussex Prairie, Great Dixter, Pashley Manor, Oxford Botanic and Waterperry Gardens. All proved most popular amongst our members.

We held a successful bring-and-buy plant sale in May but unfortunately, had to cancel our autumn sale as there were minimal plants available to sell, mainly because of the extreme weather conditions throughout the summer.

Our Annual Show was cancelled as we failed to find anyone to organise it; however, we have now found someone willing to organise the show for 2023 so look forward to our members being able to exhibit the results of their labours of love!

Our speaker evenings have started with the first one in October being about Great British Gardens. The next one is on 14 November and is about the Henstead Exotic Garden. It takes place at Eastbury Farm School at 7.45 for 8.00pm. Visitors are welcome – but why not join on the night for a mere £5 per annum!

After Christmas we have a quiz and two talks on 30 January, 27 February and 27 March - all Mondays.

We always welcome new members, please contact Tim Ellison, Membership Secretary on 01923 822162 or email: ehs.members@gmail.com



Chairman, Stephen Lee, relaxes at Waterperry Gardens



Northwood Area Women's Club

NAWC is 50 years old! Initially an informal coffee get-together, it was started by a group of American women living in and around Northwood. Now, we are a group of women living in Northwood and its surrounding areas but originating from all corners of the world. We enjoy a stimulating programme of social and cultural activities.

We have monthly meetings with interesting speakers, plus various interest groups such as book groups, walking groups, Fitsteps, Ladies who Lunch and many others. We meet at St John's United Reformed church in Hallowell Road.

Every year we choose a local charity to support. Our charity for 2022/23 is the Centre for ADHD & Autism Support in Eastcote.

New members are always made welcome - why not join us?



The walking group is aiming to walk 50 miles of the Thames Path to commemorate 50 years of NAWC

For more information:
www.northwoodareawomensclub.co.uk
Email: info@northwoodareawomensclub.co.uk

Christmas Craft Market & Santa's Grotto

Saturday 3rd December
10am – 3pm

Methodist Church Hall
Oaklands Gate, Northwood HA6 3AA
Free Admission

Stuck for Christmas gift ideas? Well look no further as Northwood Craft Market has the solution! It offers unique and different gift ideas for all the family. Our crafters produce top quality items that are all handmade, which means that not only will you find gifts that you won't find in the shops, but you can also get something really personal. Whilst shopping why not stop at the church coffee shop for refreshments and sample some of the homemade cakes and treats they have to offer too? MHA Live At Home Scheme will also have a stall selling homemade jams, jellies and other festive fare.

Our Christmas market always gets a visit from a special someone. Every year we have **Santa's Magical Grotto** where he entertains with his array of magic tricks and illusions that leave all the children (and adults) speechless and amazed. We have had such fantastic comments about him, and it seems children are left with an unforgettable fabulous memory of seeing Santa. Last year we received a message from "a grateful grandma" who said her 5-year-old grandchild was "totally entranced by his magic tricks and has talked about it ever since".

For more information, take a look at our website:
www.northwoodcraftmarket.co.uk
Like us on Facebook; Follow us on Twitter @CraftNorthwood
Email: northwoodcraftmarket@hotmail.co.uk
Telephone Susan on **07780 601842**



**So put the date in your diary,
we look forward to seeing you there!**

There's more to your library than you think!

In this issue I would like to talk about two of our newest events at Northwood library and how you can learn a new language ready for your next holiday.

PLAY READING started last month and is already proving to be very popular. So come along and join other theatre fans for a spirited reading of our chosen play. Next session is Tuesday 15th November. Due to the success of this event, we have now introduced a **POETRY AND PROSE APPRECIATION** event. This is an informal session of live readings and discussion. Bring a poem or text of your choice or simply listen and enjoy. The next session is Tuesday 1st November. Both events are **FREE** and held monthly on Tuesdays 5.30pm-7pm, please book in the branch.

Last issue, I talked about our **FREE APP** for e-books and e-audio books called **BORROWBOX**. If you missed the article, please enquire about Borrowbox in branch or visit Hillingdon digital library.

Another fantastic **FREE** resource we have on our digital library is **TRANSPARENT LANGUAGE!** This is accessed online using your library membership card and allows you access to over 110 languages, including regional dialects and English as a second language. Now is the time to start learning or brush up on a language ready for your next holiday!

www.hillingdon.gov.uk/elearning

Do you prefer physical books? At this time of year, many of the top authors publish their new books ready for Christmas sales, but you can save your money and borrow many of the new hardbacks from Hillingdon libraries for free. So, please pop along to Northwood library and find a book you can cosy up with this Autumn.

Northwood Library, Oaklands Gate, Northwood, HA6 3AB
Tel: 01895 558262

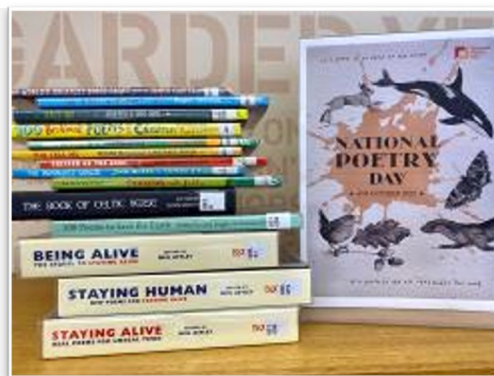
Email: northwood-library@hillington.gov.uk

Web: www.hillingdon.gov.uk/libraries

Twitter: [www.twitter.com/Hill_Libraries](https://twitter.com/Hill_Libraries)

Facebook: www.facebook.com/HillingdonLibraries

Open: Monday to Friday 09:30am - 5pm, to 7pm on Tuesday
Saturday 09:30 - 4pm



Display of poetry books for National Poetry Day.

I have a fantastic, experienced team of staff at the library, so do come and visit us, and remember we hold **FREE** recycling bags and food caddy bags for Hillingdon First card holders.

If you are not a member of the library then come and get an application form or join online, its **FREE** to join!

We look forward to seeing you soon.

Robert Sisk
Northwood Library Manager

Northwood Lions Club

Northwood Lions Club is having another busy year. Although our much-loved Saturday Market has now closed, we continue to raise funds, which we give to local good causes. David Lloyd Club has kindly agreed to host a quiz night on October 13th - we'd held this fun event on a couple of previous occasions, before two years were cruelly stolen from us by the pandemic! During the summer we participate in various local fetes - the next one will be in June 2023 when Eastcote House Gardens will be having their Summer Picnic, and then we'll be at Pinner Village Show in September.



We were invited by Northwood Residents' Association to join with them, and local scout groups, to participate in a recent pop-up event outside Costa Coffee in Northwood. Fortunately, the weather was kind, and we were able to sell books and plants, and to meet lots of local residents - see picture. One of the aims of Lions Clubs is to try and help the local community in any way we can.

We always welcome membership enquiries

Do contact Robert on 07860 324395,

info@bagreen.f9.co.uk

or see our website www.northwoodlions.org.uk

or find us on Facebook.

Robert Green



Monday 22nd August was a great day for 25 of our members who cruised on the Grand Union canal for the first time in three years to enjoy the passing scenery, refreshments and each other's company. This popular

trip was supported by a generous donation from the **Northwood Residents' Association** for which we are extremely grateful.



Members enjoying the Canal Boat Outing sponsored by Northwood Residents' Association

Having enjoyed this first summer outing since lockdown, our members are now looking forward to celebrating Christmas properly together for the first time in two years. Christmas Lunch is planned for 21st December and on 9th December

MHA Communities West London

(formerly Northwood Live at Home)

Northwood College have kindly invited us to tea and cake with Christmas entertainment. On 11th January New Year will be celebrated with a special lunch and singing by Dean Martin tribute Dean Ager, who is returning by popular request. An outing to the Beck Theatre to see Neil Sands' Christmas Memories is also in our programme.

The people we support are mainly over eighty, still living in their own homes but maybe less able to get out as they used to. Many have mobility issues and a few suffer from dementia. Taking part in an activity and being able to socialise with other members and volunteers is extremely beneficial. Comments such as "I didn't really feel like coming out today but I'm so glad I did" are common. Those who feel unable to come out are offered a befriender and assisted shopping is also available. Anyone locally over 60 who would like to join (membership is free) is very welcome.

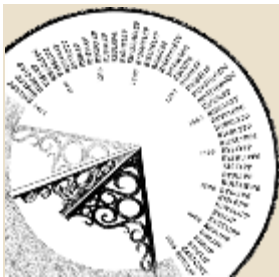
Because many of our members are vulnerable it is also important that we have reliable and kind volunteers. We are so grateful to those we have but could always do with more.

For more information about us and to enquire about becoming a member or volunteer please contact the office on **01923 842494** or email **WestLondon@mha.org.uk**

Web: **www.mha.org.uk/communities/near-me/west-london/**

Search: MHA Communities West London

Jo Wild, Volunteer



Ruislip, Northwood and Eastcote Local History Society

The Ruislip, Northwood and Eastcote Local History Society has resumed its programme of illustrated lectures. It meets on the third Tuesday of each month at St Martins Church Hall, Ruislip starting promptly at 8pm.

15 November: **The British East India Company**, Linda Hampson

20 December: **Research Group presentations**

17 January: **Industrial Transport Before The Railway - the Effects of the Turnpike Road**, Fabian Hiscock

21 February: **Brentham Garden Suburb**, Sue Elliott and Alan Henderson

For further information, please contact:
membership@RNELHS.uk
or visit **www.RNELHS.org.uk**



Holy Trinity CE Primary School

Open Mornings for Reception 2023 Intake

Children born between 1st September 2018 and 31st August 2019

We will be holding a series of Open Mornings giving interested parents and carers the opportunity to find out more about our school, meet staff and ask any questions you may have. Future Open Mornings will be held on Tuesday 15th November, Wednesday 7th December 2022, and Thursday 5th January 2023, 09:15 – 10:45.

Tickets to attend one of these events are available by registering via the school website – click on the 'Admissions' drop-down menu and select '2023-2024 Admission Arrangements/Open Mornings'

For 2022-2023 In-Year Admissions 2022, please contact Mrs McCarthy in the School Office.

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NORTHWOOD FOOTBALL CLUB

There is a real buzz about the club as we move into autumn with the 1st team making a fantastic start to their league campaign - top of the table at the time of writing after six straight wins - and the Under-18s getting through two rounds of the FA youth Cup

before beating Hampton & Richmond Boro 6-1 in the Isthmian Youth League.

The club enjoyed a memorable day on the 17th September with the official opening of the Pat Byrne Memorial Stand, erected in memory of the much missed Life President. Local MP David Simmonds CBE and Councillor Henry Higgins kindly cut the red tape before the Woods enjoyed a successful afternoon on the pitch beating Chertsey Town 3-1.



Pat Byrne Memorial Stand - Grand Opening

You can keep up to date with all the fixtures and news at the club via www.northwoodfc.com and follow us on Facebook, Twitter and Instagram.

There are plenty of exciting games to look forward to at the Skyline Roofing Stadium over the next few weeks as the Woods look to build on their strong start to the season with admission prices frozen for another season: Adults £10, Seniors & Concessions £5 with free entry for Under 16s.

Up the Woods!



FINALS DAY 2022

This year, the finals were very much a family affair with the Davern family claiming bragging rights.

Fergal Davern produced a master class in the men's singles comfortably beating Duncan Chorley who has won the tournament several times recently. Fergal then joined up with John Ghosh in the men's doubles to play Duncan and Colin McCarthy. The first set was close but once they had sealed it Fergal and John ran away with the second set.

Lastly, Fergal with his wife, Alita, took on John and his daughter, Hannah Ghosh, in a very hard-fought mixed doubles. The Ghosh's won the first set but succumbed to the Daverns in the second. The final set was even closer than the first but eventually Alita and Fergal won seven games to six. Hannah had previously used her experience to win the ladies singles against Jess Wilde, who fought back in the second set but eventually ran out of steam in the tie break.

In the ladies' doubles, Angela Ghosh and Alita Davern used their experience to retain their title beating Hannah Ghosh and Serena McCarthy. The veteran's mixed doubles were one sided with Sam Wilde (Jess's mum) and Club Chairman, Charlie Fuller, beating Hope Ezomo and David Cameron comfortably.

20 Pines Close,
Northwood, HA6 3SJ

The social afterwards was well attended and during the evening the presentations took place.

The following day the junior section took over. The winner was Teddy Mangan, the previous year's winner, who beat Henry Peart.

For more information: www.northwoodtennisclub.co.uk
Membership enquiries: andrewsmith682@btinternet.com
Coaching enquiries: tenniswiseuk@gmail.com

The draw for the Winter tournament has been made and there are several inter-club matches and social events to look forward to in the coming months.



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Northwood & District Community Association

NADCA, The Northwood and District Community Association continues to provide a range of reasonably priced activities for the over 50s in Northwood and beyond.

These include keep fit, yoga, short mat bowls, table tennis, bridge and other card/board games, badminton, walking for pleasure and rambling, all held in local venues. Classes are friendly and welcoming.

Interested?

Contact me on 07748 066 622

Patti Dib

Ruislip - Northwood Flower Arrangement Society

Affiliated to NAFAS, the National Association of Flower Arrangement Societies

Visitors and new members would be welcome to come along to our flower arranging demonstrations, held on the first Tuesday of the month (except January).

Tuesday 6th December, National Demonstrator – Nick Grounds. £12 entry

Tuesday 7th February, Area Demonstrator – Jill McGregor. £9 entry

Venue: Fairfield Church Hall, Windsor Close, Northwood Hills, HA6 1PD

Time: 7pm for 7.30pm start

Visitors very welcome. The evening includes refreshments, sales table and flower raffle.



Contact Yvonne on: 01923 823897 for further details



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Paul Strickland Scanner Centre, an independent medical charity, is based at Mount Vernon Hospital. We provide comprehensive services to the NHS and private health sectors for the diagnosis, treatment, monitoring and research of cancer and other serious diseases, using leading edge PET-CT, MRI and CT scanners.

Legacies and donations help fund new scanners which have to be replaced every few years.

Please help us raise much needed funds which ensure patients can benefit from leading edge scanning equipment and furthers medical research into cancer and other conditions.

We would love you to support us attending one of our events or with one of our fundraising activities.

Friday 26 November 2022, our very popular **Quiz night** at Greenfields Primary School. Teams of six £17pp includes supper.

Charity **Christmas Cards** are on now on sale £4 for a pack of 10. There are four different designs to choose from see website for details and to order.

Tickets for our popular **Christmas Raffle**, which has many exciting prizes will soon be on sale. You can also take part in our **Scanlot lottery**, for just £20 entry for the year. Draws take place quarterly with cash prizes.

Date for your diary! Our ever-popular annual charity Golf Day will be on Tuesday 6 June 2023. More information to follow...

For more information of details of how to book or get involved please contact the fundraising team.

Website: www.stricklandscanner.org.uk

Telephone: 01923 886315

Email: appeals@stricklandscanner.org.uk

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Our live monthly lectures take place at Winston Churchill Hall, Pinn Way, Ruislip HA4 7QL, with complimentary refreshments beforehand. Free car parking available. If you prefer, you can watch and listen from home via Zoom.

Wednesday morning lectures (monthly except December), 10.50am, complimentary refreshments from 10.15am. Visitors and non-members are welcome, we invite a £10 donation per person.

Wed 16 November Bombin' With Banksy & Co.

by Pepe Martinez

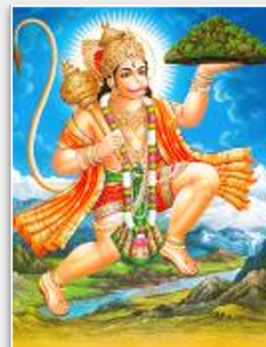
Discover how the huge growth and popularity of Street Art is reflected in the astonishing transformation of Shoreditch and Spitalfields from a once seedy, deprived area into one of the most fashionable, most vibrant, most 'happening' areas of London today.

Wed 18 January Land of the Monkey God

by Georgina Bexon

Shrines, stupas, cave temples and modernist architecture - a look at the rich history of the beautiful island of Sri Lanka through its intriguing art and culture and the original minds, talents and spirits that created this unique visual world.

To join, email moorparkdfas.com. For details of our full 2022-2023 programme, including Evening Lectures and Days of Special Interest held at Moor Park Mansion, plus Outside Visits and Five Day Tours, please visit our website www.moorparkdfas.com



Local Artists and Craft-workers Invite You to View Their Work



Want to know what's on in Northwood?
Just head to the NRA website:

www.northwoodresidents.co.uk

Harrow Choral Society's Christmas Celebration - A Festival of Music for Choir and Audience

Harrow Choral Society is returning to Harrow School's prestigious Speech Room for its festive concert of carols, readings, brass ensemble performances and audience participation carols. We are delighted to be welcoming **Jane Asher** as our Guest Reader. All music will be conducted by our recently appointed Music Director, Sam Evans and accompanied by composer Paul Ayres. There will also be performances by Kensington Brass.

Saturday 17th December at 7.30pm

Tickets: £18, free to under 18s (ticket required)

www.harrowchoral.org.uk

boxoffice@harrowchoral.org.uk

**Harrow School Speech Room,
Harrow-on-the-Hill, HA1 3HP**



SOUTH OXHEY CHOIR

Hello everyone, after a warm and successful summer we are into a colder autumn. Choir rehearsals are now underway for the forthcoming Christmas Concert on 10th

December 2022 at St Marys Church, in Watford (Next to Church carpark on the ring road) at 7pm. Tickets will be available at the door.

Choir rehearsals are every Tuesday evening 7pm - 8.30pm at Oxhey Wood School, Oxhey Drive, WD19 7SL.

Some potential new members attended a successful open evening held recently. If you enjoy music and singing along then the choir is the place to be, friendly people and atmosphere. Don't be shy, please come and try!!

Want to know more about us?

Contact by email: southoxheychoirs@gmail.com
or website: southoxheychoirs.wordpress.com

Northwood Classical Music Group

The theme for this year's sessions, presented by our new regular leader Alan Mills, is "Music against the Background of its Time". After an introductory session of musical examples from some of the "Times" to be considered e.g. the Reformation, the onset of Romanticism, the Franco-Prussian war, World Wars I & 2, the French Revolution – the following sessions have focussed on WWI, how it led to the music of the pleasure-seeking years that followed but also to the elegiac compositions of contemporary composers.

Thus the Group has so far listened to and discussed pieces ranging from Scott Joplin's Maple Leaf Rag and Stravinsky's Ragtime to Frank Bridge's Lament for Catherine and Elgar's Cello Concerto. This term continues to the Franco-Prussian War and then on to the effects of Romanticism.



Meetings take place at Northwood Methodist Church at 11.00 a.m. on Tuesdays.
For more information, please contact Mike Paddy on **07568 495 584**.

Events

at St Helen's School

New community leisure and cultural hub, open to all, launched in the heart of Northwood.

St Helen's School in Northwood is entering a new phase in its long history and has opened its doors as a destination entertainment and cultural hub, valued by the local community and one that attracts a wide and loyal audience.

The school's already locally renowned Sports Centre and 21 acres of green space and variety of venues for hire, make it the perfect backdrop for fresh cultural events, workshops, exhibitions, fitness and leisure activities and much more.

Through these initiatives, the school will be able to increase support for its ambitious bursary and scholarship programme, continuing its commitment to widening access to an exceptional education to all prospective pupils, irrespective of financial means or social circumstances.

The latest in its cultural programme is a Book Club event in November.

An Evening with Louisa Treger

Thursday 3rd November

7:00 – 8:00pm

St Helen's School, HA6 3AS

Join us for our Book Club event, with Louisa Treger, author of stunning historical novel *Madwoman*, which recounts the extraordinary story of pioneering investigative journalist, Nellie Bly, in nineteenth century New York.

Refreshments will be available to purchase at the bar on site.

Ticket price: £5.00

Book your tickets: www.sthelens.enterprises/event/mad-woman/

Keep up to date on the latest events and find out more here: www.sthelens.enterprises

Contact us:

Tel: 01923 843270

Email address: events@sthelens.london

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